

# The Binfield Beacon



Your Binfield Parish Community Magazine - there's lots going on!

June 2021



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**Our Mission is to help people follow Jesus and his teachings**

# SERVICES

*All services and groups are correct at the time of going to press, and will comply with social distance rules and government guidance, so may change depending on government advice. Any updates will be published on our website and facebook pages.*

## June 2021

### Wednesday 2nd June

9am Wednesday Women's Walk - from Foxes' Den

### Sunday 6th June

10am Said Communion Service at All Saints'  
(Liturgy from the Book of Common Prayer)

11am Baptism at All Saints' (No Whizz Kids)

### Monday 7th June

6pm Year 8-9 Oasis Group at All Saints'

### Wednesday 9th June

6pm Year 7 Oasis Group at All Saints'

### Sunday 13th June

10am Said Communion Service at All Saints'

11am Whizz Kids at All Saints'

### Monday 14th June

6pm Year 8-9 Oasis Group at All Saints'

### Wednesday 16th June

9am Wednesday Women's Walk - from Foxes' Den

6pm Year 7 Oasis Group at All Saints'

### Sunday 20th June

10am Informal Communion Service at All Saints'  
(More informal communion service like previous 11am)

11am Whizz Kids at All Saints'

### Monday 21st June

6pm Year 8-9 Oasis Group at All Saints'

### Wednesday 23rd June

6pm Year 7 Oasis Group at All Saints'

### Sunday 27th June

10am Said Communion Service at All Saints'

11am Whizz Kids at All Saints'

### Monday 28th June

6pm Year 8-9 Oasis Group at All Saints'

7.30pm Annual Parochial Church Meeting at All Saints'

### Wednesday 30th June

6pm Year 7 Oasis Group at All Saints'

TO BOOK A PLACE AT ANY OF OUR SUNDAY 10AM SERVICES  
PLEASE TEXT OR CALL 07719 545 292  
OR EMAIL [office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk)

## July 2021

### Sunday 4th July

10am Said Communion Service at All Saints'  
(Liturgy from the Book of Common Prayer)

11am Baptism at All Saints' (No Whizz Kids)

### Monday 5th July

6pm Year 8-9 Oasis Group at All Saints'

### Wednesday 7th July

9am Wednesday Women's Walk - from Foxes' Den

6pm Year 7 Oasis Group at All Saints'

## Booking for Sunday Services

We are continuing to run a booking system for our services, but currently have plenty of spare places at every service.

It is still advisable to please book in advance if possible to ensure a place, but you are welcome to arrive and enquire if space is available on the day. We will always do our best to fit you in however if the service is full, we would sadly have to ask you to remain outside.

Please: email [office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk) or call or text the **office mobile 07719 545 292** before 12pm Thursday in the week you would like to attend. Confirmation of attendance will be emailed later that day.

## SERVICES



During this time Luke is posting online talks and Church services on his YouTube Channel:

### The Rev from the Shed

(<https://www.youtube.com/channel/UCtq1gasp7Nchm6-QS4I7CYQ>)



Or on our Facebook page:

<https://www.facebook.com/AllSaintsWithStMarks/>

You can also keep up-to-date with any information on the Church website: <http://www.binfieldcofechurches.org.uk/>

## From the Registers:



Photo by [Lesley Davidson](#) on Unsplash

## Funerals

Dot Everett  
Beryl Hogben  
Lorraine Field  
Sallyanne Harper

# A MESSAGE FROM YOUR RECTOR



## Run in the Rain

She had been shopping with her Mom in Wal-Mart. She must have been 6 years old, this beautiful red-haired, freckle-faced image of innocence. It was pouring outside -- the kind of rain that gushes over the top of rain gutters, so much in a hurry to hit the earth that it has no time to flow down the spout. We all stood there under the awning and just inside the door of the Wal-Mart. We waited, some patiently, others irritated because nature messed up their hurried day.

I am always mesmerized by rainfall. I got lost in the sound and sight of the heavens washing away the dirt and dust of the world. Memories of running, splashing so carefree as a child, came pouring in as a welcome reprieve from the worries of my day.

Her voice was so sweet as it broke the hypnotic trance we were all caught in. "Mom, let's run through the rain," she said. "What?" Mom asked. "Let's run through the rain!" she repeated. "No, honey. We'll wait until it slows down a bit," Mom replied. This young child waited about another minute and repeated: "Mom, let's run through the rain." "We'll get soaked if we do," Mom said. "No we won't, Mom. That's not what you said this morning," the young girl said as she tugged at her Mom's arm. "This morning? When did I say we could run through the rain and not get wet?" "Don't you remember? When you were talking to Daddy about his cancer, you said, 'If God can get us through this, he can get us through anything!'"

The entire crowd stopped dead silent. I swear you couldn't hear anything but the rain. We all stood silently. No one came or left in the next few minutes. Mom paused and thought for

a moment about what she would say. Now some would laugh it off and scold her for being silly. Some might even ignore what was said. But this was a moment of affirmation in a young child's life, a time when innocent trust can be nurtured so that it will bloom into faith.

"Honey, you are absolutely right. Let's run through the rain. If GOD lets us get wet, well maybe we just needed washing," Mom said. Then off they ran.

We all stood watching, smiling and laughing as they darted past the cars and yes, through the puddles. They held their shopping bags over their heads just in case.

They got soaked.

But they were followed by a few who screamed and laughed like children all the way to their cars.

And yes, I did. I ran too. I got wet. I guess I needed washing.

The Bible says, *No trial has overtaken you that is not faced by others. And God is faithful: He will not let you be tried beyond what you are able to bear, but with the trial will also provide a way out so that you may be able to endure it.* 1 Corinthians chapter 10 verse 13

If you find yourself questioning this, then perhaps God is trying to teach you something. If you are facing difficulties at the moment then do you need to be a little more like the mum who said, if God lets us get wet, then maybe we just needed washing.

- Story by Bob Perks -

Luke

## All Saints' Church Welcoming/Cleaning Team Can you help?

If you would like to be part of the welcoming/cleaning team, please can you email Hayley at the Church office – [office@binfieldcofechurch.org.uk](mailto:office@binfieldcofechurch.org.uk).

## ANNUAL PAROCHIAL CHURCH MEETING (APCM)

Monday 28th June

7.30pm

All Saints' Church

Everyone welcome



## Baptisms

We are now able to offer Baptism Services again.



These will be held at  
**11am on the  
first Sunday of the month.**

For full details on how to book and the measure that will be in place during the service please contact Hayley at the Church office- [office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk)

## The Binfield Beacon



**The deadline for Beacon contributions  
for the July 2021 issue**

**is Monday 14th June 2021**

**Please email:**

**[Beacon@binfieldcofechurches.org.uk](mailto:Beacon@binfieldcofechurches.org.uk)**

*Claire Thomas (Binfield Beacon Editor)*

## CONTACT US: 07719 545292 [office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk)

### Rector:

Revd Luke Taylor  
07939 526361  
[lukethevicar@gmail.com](mailto:lukethevicar@gmail.com)  
(Friday is Luke's day off)

### Churchwardens:

John Hargreaves - 07973 842624  
Neil Harrison - 01344 455174

### Church Office: \*PLEASE NOTE NEW NUMBER

Hayley Fourie, Administrator  
**Office mobile number 07719 545292**  
[office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk)

### Office opening hours:

Tuesday: 9.00am - 1.00pm  
Wednesday: 9.00am - 1.00pm  
Thursday: 9.00am - 1.00pm  
(Hayley will be working from home until further notice but can be contacted on the email or number above)

### Binfield Beacon Editor:

Claire Thomas  
[beacon@binfieldcofechurches.org.uk](mailto:beacon@binfieldcofechurches.org.uk)

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07809 736372

### Organist & Choirmaster:

Michael Hawkins  
01344 411681

### Bell Tower Captain:

Jan Glen  
07840 104455

### Treasurer:

Sarah Muller  
01344 428782  
[Treasurer@binfieldcofechurches.org.uk](mailto:Treasurer@binfieldcofechurches.org.uk)

### Stewardship Secretary:

Andrea White  
01344 421079

### ARC Fundraising Team

[fundraising@binfieldcofechurches.org.uk](mailto:fundraising@binfieldcofechurches.org.uk)

### Church Website:

[www.binfieldcofechurches.org.uk](http://www.binfieldcofechurches.org.uk)



We are also on Facebook  
[facebook.com/AllSaintsWithStMarks](https://facebook.com/AllSaintsWithStMarks)

The Church Office is sited in St Mark's Church

### St Mark's Church

Popeswood Road  
Binfield RG42 4AH

### All Saints' Church

Church Hill  
Binfield RG42 5NS

### PLEASE LET US STAY IN TOUCH!

We would like to improve our communication with everyone in the village and congregation. To do this we need to keep our contacts database up to date. We have a new privacy policy in line with the new GDPR rules on our website.

If you would like to sign up to receive emails from us regarding updates, news and events from the parish please go to this webpage:

<http://eepurl.com/dtqaqr>

## Pastoral Care Visiting Team - need a friend?



In All Saints' and St Mark's Churches we have a small pastoral care team who are happy to visit and befriend the people of Binfield. So, if you have recently moved to the area and don't know many people; if your family live far away; if you are a Mum at home with a baby and would like adult company; if you find it difficult to get out or just fancy a friendly chat over a cup of tea, please get in touch with one of us. You don't need to be a member of the church, just enjoy some company occasionally!

Jane Aylwin	tel. 481692
Jill Hanson	tel. 452694
Margareta Hawkins	tel. 411681
Sarah Muller	tel. 428782
Jan Vigar	tel. 411267
Gisele Taylor	tel. 07724 889169
Dave Dawson	tel. 360389

Or contact the church office on 07719 545292  
or email [office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk)

## Bereavement Support Team



We will all suffer loss, grief or bereavement at some time in our lives, mainly through death, but also in other ways such as relationship breakdown, loss of a job, or sudden disability. The Bereavement Support Team are not counsellors, but can offer support and companionship if you are suffering a loss of any kind.

There is no charge for a visit. All support team members are DBS checked and have ID badges.

If you would like to talk to a member of the team, in confidence, please contact Liz Hall for more information  
[orinocco@hotmail.co.uk](mailto:orinocco@hotmail.co.uk) /07850 799434



### Praying for and with you

We have weekly prayer sheets — please email [office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk) if you would like something to be included.



## How to donate or fundraise:

We really appreciate your donation; however big or small, it all helps!



- Cheque:** send a cheque to the church office. Please make sure it's made payable to "Binfield PCC". Please write 'ARC', 'St Mark's', 'General Funds', 'Lighthouse' or where you would like your donation used on the back and include your name and address if you are a UK tax payer so that we can claim Gift Aid.
- BACS:** Name: Binfield PCC, Account Number: 80175528, Sort Code: 20-11-74 Please add **your name + ARC (e.g. as above)** as a reference and if you would like to specify where your donation goes.

**Don't forget to Gift Aid it if you are a UK Tax Payer - this will add an extra 25% to your donation! Contact the church office for more details, or see the church website more information and other ways to raise money!**

Shop and raise funds at [smile.amazon.co.uk](http://smile.amazon.co.uk) and [easyfundraising.org.uk](http://easyfundraising.org.uk): search for Binfield PCC

The Parochial Church Council of the Ecclesiastical Parish of Binfield: Registered Charity No: 1149382

# CHILDREN AND YOUTH

Hi Everyone,

We hope you're enjoying the spring sunshine and looking forward to the summer months with fewer restrictions!

We've been able to meet again in person at All Saints' Church which has been amazing, so here's what we've been up to...



At Whizz Kids, we've been exploring the parables that Jesus told, and we've made our own booklets to note down all the parables we learn. Here are our crafty lighthouses, reminding us that we are the light in the world and we are made to shine! We've also been spending the sunny mornings outside playing games in the church grounds, and have been playing lots of table football and air hockey!

Oasis

At Oasis we've been exploring what it is that makes Church, talking about the building, the people, and the community. We've looked at different Church buildings around the world, and seen how Christians all over worship differently. We've also been making the most of the weather, getting outside whenever possible, and even played a few (very competitive!) games of foot Pictionary, where there drawer holds the pen between their toes.

Coming up over the summer we have our first ever overnight stay for the Oasis girls in school years 7-11, Oasis Fest! From the 23rd-25th August we will be hosting a mini-festival at the Church, with music, inflatables, food, movie nights, and space to dig deeper into our faith and ask tough questions. If you would like more information about this please send me and email, we'd love to have you!

We hope you have a wonderful month, and look forward to seeing you soon,

**Daisy - Children's and Youth Worker (daisyridell@gmail.com)**



## WEDNESDAY WOMEN'S WALK IS BACK

The Wednesday Women's Walk is, as it says, a walk for women on a Wednesday, typically the first and the third Wednesdays of the month.

The gentle 2-3 mile walks, in and around Binfield village, are for women of mixed ages and abilities. The walks go ahead in all weathers and normally start at 9am from outside Foxes' Den Café and finish there around 10am for a coffee.

### June and July Dates:

2nd June - 9am meet Foxes' Den  
16th June- 9am meet Foxes' Den  
7th July- 9am meet Foxes' Den  
21st July- 9am meet Foxes' Den

For more information contact:

Gisele on 07724 889169 or  
Claire on 07912 746289



# FUNDRAISING NEWS

## ***Sale Totals and a Request for Help.***

We are pleased to hear that the work on St. Mark's ceiling is progressing really well – we will have a newly repaired, painted (and safe!) ceiling before too long. We are very grateful to everyone who has enabled this to happen so that we can reopen the building.

## **Easter Plant and Sale Trail Totals**

Thanks again to all those who enabled the Easter Plant Sale to happen. The sale of all those lovely plants made a fantastic £202.80 for the ARC Project.

The second Doorstep Sale trail was also a great success due to everyone who participated, and of course also due to the lovely, sunny day we were blessed with! The event raised almost £486 for the church funds too which was fantastic!

## **Moving Forward**

We are hoping that the easing of restrictions will enable us to put on more fundraising events and activities. We love pulling new things together in order to raise money but also give us all something fun to enjoy! We know that this has been a tough time for everyone, but anything that anyone can do to help us will always be appreciated! If anyone has any ideas, or can give even just a little of their time or skills to help with social media, planning events or creating new items to sell, we'd love to hear from you. Please get in touch with the fundraising team!

## **Notelets for sale: perfect for Summer!**

£3 per pack of 5 A6 cards.

Featuring a beautiful illustration of All Saints' Church, reproduced by kind permission of the artist, Lorna Minton.

Available to buy from the Foxes' Den Café or email [fundraising@binfieldcofechurches.org.uk](mailto:fundraising@binfieldcofechurches.org.uk)  
All proceeds to the ARC Project



Look out for an update on this year's Church Fete on page 8 ...



## ***How to donate or fundraise:***

We would really appreciate your donation; however big or small, it will all help!



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Please add **your name + ARC (e.g. as above)** as a reference and if you would like to specify where your donation goes.

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**With many thanks from the Fundraising Team: [fundraising@binfieldcofechurches.org.uk](mailto:fundraising@binfieldcofechurches.org.uk)  
[www.binfieldarcproject.org.uk](http://www.binfieldarcproject.org.uk) [www.facebook.com/binfieldarcproject](https://www.facebook.com/binfieldarcproject)**

The Parochial Church Council of the Ecclesiastical Parish of Binfield: Registered Charity No: 1149382

# COMMUNITY NEWS



## News from the Parish Council office – June 2021 *(correct as of 10 May 2021)*

### Binfield Parish Council upcoming meetings:

Binfield Parish Council wishes to notify residents that the current legislation which enables the Parish Council to meet virtually came to an end on 6 May 2021. This means the Parish Council cannot lawfully continue with virtual meetings. At their meeting on 4 May 2021, the Council decided not to resume in person meetings until all government restrictions have eased, expected from 21 June 2021. An interim

Schedule of Delegation to the Clerk is in place and discussions taking place, which members of the public are welcome to join, until in person meetings resume. More information can be found at:

<https://www.binfieldparishcouncil.gov.uk/end-of-virtual-meetings>

### June 2021

Tuesday 1 June	Amenity discussion	8pm
Tuesday 8 June	General discussion	8pm
Tuesday 22 June	Planning discussion	8pm

### New Chairman for Binfield Parish Council – Councillor Hilary Doyle

Binfield Parish Council held its Annual Parish Council meeting on Tuesday 4 May 2021. The first order of business is always the election of the Chairman. Councillor Steve Collett, who has been Chairman since May 2017, had chosen to stand aside after four successful years, during which the Council has extended its building to house a community café, The Foxes' Den, with extended meeting room (available for the public to use) and office space. Councillor Collett opened the meeting with a welcome to all and a nomination of Councillor Hilary Doyle for the role of Chairman. The nomination was welcomed by several present and a vote held to elect Councillor Doyle as Chairman. Councillor Doyle has served on the Parish Council for 21 years and, most recently, as Vice Chairman of the Parish Council as well as Chairman of the Amenity Committee. In taking over the role of Chairman, Councillor Doyle thanked Councillor Collett for his nomination and his four years of Chairmanship. You can find out more about the 11 Parish Councillors: <https://www.binfieldparishcouncil.gov.uk/councillors-and-staff#Councillors>

### Parish Peoples Award Winners – 2020 & 2021!

It is a pleasure to celebrate people in the Parish who have served their community in a way that is above and beyond what is expected particularly in this past year. Join us in congratulating all the Parish People's Award winners:

**2020 - Amanda Thrower, Chris & Vicky Lunn, Liz Hall, Tish Holland**

**2021 - Alex Sizeland, Ally Wickham, Bernadette Fisher, Clare Phillips, Frank Keenan, Gail Cullen, The Ark COVID-19 Community Response Team, WeRepairTech Ltd.**

You can find out more about how their positive contribution has impacted your community, and how to make a nomination, at the Parish People's Award web page <https://www.binfieldparishcouncil.gov.uk/parish-peoples-award>

### Get involved in your community

Contact us if you would like to get involved in any of the items listed here:

**Call for local 'green spaces' sites:** The Council are seeking green space sites for nature and amenity. This may be through outright acquisition, a long lease or other method. More information on the criteria and a Submission Form:

<https://www.binfieldparishcouncil.gov.uk/call-for-local-green-space-sites>

**Climate Change:** The Council would welcome interest from members of the public who would like to formulate ideas and action in Binfield.

**Neighbourhood Plan:** Share your views on issues such as the siting of housing, parking, Green Belt, infrastructure and many other topics with the aim to produce an updated Neighbourhood Plan for Binfield. View the current Neighbourhood Plan:

<https://www.binfieldparishcouncil.gov.uk/proactive-planning#NeighbourhoodPlan>

**Sponsor a Street:** Sign up to this litter picking initiative where, with a litter picking kit from the Council, you can litter pick in your own street or an area you visit in Binfield: <https://www.binfieldparishcouncil.gov.uk/get-involved>

### A note on e-Scooters

Many residents have contacted us to voice their concerns about the use of e-scooters. As they grow in popularity there is a lot of confusion around where they can be used. Please can we ask all users to familiarise themselves with the rules as currently a privately owned e-scooter can only legally be used on private land and with the permission of the land-owner. Learn about the rules: <https://www.binfieldparishcouncil.gov.uk/e-scooters-what-are-the-rules>

Ally, Amanda, Purveen, Janet & Kirsty

01344 454602/Binfield Parish Council at the Parish Office, Benetfeld Road, Binfield, RG42 4EW

Parish Office working hours (all staff are working remotely): 8.45am-1pm Monday to Friday

[office@binfieldparishcouncil.gov.uk](mailto:office@binfieldparishcouncil.gov.uk)

[www.binfieldparishcouncil.gov.uk](https://www.binfieldparishcouncil.gov.uk)

## COMMUNITY NEWS

### BINFIELD PATIENT GROUP

#### KEEP YOUR ALLERGIES UNDER CONTROL.

As we are now in the warmer months, it is likely that many of us will be planning to spend more time outdoors. Being outside has a range of health benefits, not least the mood-boosting effects of getting fresh air and spending time in nature.

But with spring and summer comes the start of the allergy season. For those with **hay fever** and **asthma**, it's a good time to get stocked up on your medication and treatments and to start keeping an eye on pollution levels and pollen counts.

With a little forward planning, we can all make the most of the sunnier months and keep allergies at bay.

#### Why spending time outdoors can improve your health.

Being outdoors has been shown to lower stress, blood pressure and heart rate, while increasing mood and improving mental health.

#### CORONAVIRUS (COVID - 19).

More and more people are receiving Covid-19 vaccinations, but we all still need to keep doing what we can to avoid picking up Covid-19 or passing it on.

For most of us, this means frequently wearing a face mask. We're also washing our hands way more often. Unfortunately, masks and good hand hygiene can sometimes cause spots and sore, dry skin.

Here are some tips on what you can do to help to keep your skin as clear and comfortable as possible whilst protecting yourself and others from COVID-19.

**Disposable masks should be worn only ONCE.**

**The following is advice for masks that can be worn more than once:**

**Soft is best** - If you're just wearing your mask for trips to the shops, rather than for professional PPE, pick a fabric that's soft and smooth. This can help reduce chafing.

**Try cotton** - 100% cotton masks are soft and breathable. Try ones with cloth loops rather than elastic, or ones that tie behind your head, to reduce irritation.

**Wash regularly** - Treat your mask like you do your underwear, a fresh one each day. Wash daily at 60 degrees centigrade.

#### How to help protect your hands

Here's some tips to help reduce damage to your hands:

**Follow-up wash** - experts recommend washing with soap and water, but these are very drying, so you can always follow with an emollient wash if you need to.

**Dry well** - dry your hands fully after washing by patting them dry, not rubbing.

**Slather on hand cream** - moisturisers (emollients) help to repair damaged outer skin and lock in moisture, keeping skin soft and supple. Apply creams (emollients) generously each time you wash your hands, and whenever your skin feels dry.

#### Why is handwashing with soap preferable to using a hand sanitiser?

Soap works well on the coronavirus (and indeed most viruses) because it is a self-assembled small particle in which the weakest link is the lipid (fatty) bilayer on the outside. The soap dissolves the fat membrane and the virus falls apart like a house of cards and "dies", or rather, it becomes inactive.

Alcohol (over 60%, as in hand sanitisers) does 'dissolve' the lipid membrane of the virus, but not as effectively as soap.

**Duncan Johnston - Binfield Patient Group**



### Binfield Church Fete



Because of delays in planning due to the obvious restrictions around COVID, we're looking at holding a smaller, alternative Church Fete in September.

The timelines are still tight, so to ensure it goes ahead we need more volunteers to help with the organising.

We therefore would love to hear from anyone who would like to join the team or help in any way!

Please get in touch with the Fete team or via the Church Office.

With best wishes from the Fete Committee

[www.binfieldchurchfete.co.uk](http://www.binfieldchurchfete.co.uk)

[BINFIELDCHURCHFETE@GMAIL.COM](mailto:BINFIELDCHURCHFETE@GMAIL.COM)



**Environmentally aware**—The Binfield Beacon is printed in the UK on paper manufactured to ISO14001 standard in a European Mill. The paper is FSC approved, ECF acid and chlorine free, biodegradable and sourced from a UK Merchant who is part of the Woodland Trust which helps plant more trees to reduce carbon footprint. Printed using vegetable oil based inks. Please do your part to help the environment by passing on your magazine to others or recycling it responsibly.

**Thank you.**

## COMMUNITY NEWS



### Binfield Garden Club

It's hard to believe that here we are in June and half-way through 2021. The longest day of the year falls on June 21<sup>st</sup>.

Gertrude Jekyll said "What is one to say about June, the time of perfect young summer, the fulfilment of the promise of the earlier months, and with as yet no sign to remind one that its fresh young beauty will ever fade."

For advice to keep our gardens beautiful as long as possible without fading, our club invited Christine Skelmersdale to give a talk on Zoom on May 6<sup>th</sup> entitled The Year Round Bulb Garden. Christine has won numerous Chelsea Gold Medals, is also a lecturer, author and holds the coveted Victoria Medal of Honour (VMH) – the RHS's highest award for services to horticulture. Christine is a specialist on bulbs and runs a family firm, 'Broadleigh Gardens' in Somerset, which has been propagating small bulbs and unusual perennials for the last 40 years.



Christine's excellent talk took us through the year, showing beautiful photos of flowering bulbs beginning with Colchicum for autumn, the flowers with no leaves and member of the lily family best under trees and shrubs. They should not be

confused with the true autumn crocus which is part of the iris family. In January we have the cyclamens and their pretty pink and white flowers. February brings displays of snowdrops – introduced into Britain in the 17<sup>th</sup> Century and now so many varieties, singles, doubles and with different markings. Remember that to increase your display you must lift and split them. Christine's bulb choice for March was erythroniums for the woodlands and she recommended the easiest one to grow is Pagoda. April's bulb is, of course, Narcissus (Daffodils), the large ones need no introduction but there are many small ones to enjoy and a new white one is Ice Baby. Hawera is fantastic for pots and Poeticus is the last one to flower with a lovely scent. May is tulip time and there are some pretty dwarf cultivars such as Little Beauty and Bright Gem. In June the alliums love hot, dry conditions and in July look out for lilies. They like their heads in the sun and their feet in the shade. African Queen can grow up to 8ft tall!! In midsummer there are the Crocosima – very vigorous in our climate and brilliant colours with Zambezi being Christine's favourite. No excuses now for not having flowers all year round! Christine kindly answered questions from members and Ralph, our chairman, thanked her for a most inspiring talk.

Our talk on June 4<sup>th</sup> will be What do I do with this space? by Darren Lerigo. Darren's speciality is pruning and topiary and he has been widely seen on television and in Country Life. All members will be notified if this is again on Zoom. Full details of our programme for the year and other news is on our [website binfieldgardenclub.wordpress.com](http://www.binfieldgardenclub.wordpress.com).

Remember the love of gardening is a seed once sown that never dies! Take care everyone.

*Sue Jeffery*



### Binfield 10K Committee Update

As you may be aware, we were hoping to organise the Binfield 10K to take place in October of this year. However, after much thought and consideration we have decided to postpone it once more and are very much hoping that we can go ahead in May 2022 instead.

As a committee, we have thought long and hard over this decision and so we would like to explain our thoughts to you and also to thank you for your patience with us.

The Binfield 10K is a Summer event, and as such it has always been a fantastic day and a community event that everyone can enjoy. By holding it in October, we may lose a lot of that community spirit as we are very much subject to changing weather conditions.

Secondly, part of our route includes Ryehurst Lane – a beautiful tree lined road with some wonderful scenery. However, Ryehurst Lane poses a strong flood risk in October and this would be a major risk for us as the floods on occasion have been knee deep.

Thirdly, the 10K involves a lot of road running on closed roads. If October were sunny, this wouldn't be a problem, but on a dark and dreary day, the light would be an important consideration and we feel it would be harder to keep our runners safe in bad weather conditions on the busy roads.

Finally, although we very much hope that the Covid threat will be over, we also have to factor in Covid safety policies, social distancing and the possibility of runners wearing masks before the race. This could cause many complications and there are still a lot of uncertainty at the moment.

The 10K committee are a team of dedicated and very enthusiastic volunteers and we love the general vibe and positive spirit that it brings to the community. As a committee we feel much happier about delaying the run this year and instead coming back with a bang in 2022 and providing us with the 10K run that we know and love, rather than try and recreate it in October when there are many additional challenges.

Rest assured that we can't wait to come back and we will put on something awesome next May! For now though, we hope we have your continued support and we thank you so much for your patience and understanding.

The May date will be announced asap and if you have already entered then your place will be guaranteed at no extra charge. If however, you would like a refund, please let us know by emailing [enquiries@binfield10k.co.uk](mailto:enquiries@binfield10k.co.uk) and we will reimburse you.

Thank you so much again for your patience and understanding and we can't wait to see you in May 2022.

*The 10K committee*

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## BAG 2 SCHOOL COLLECTION

**\*\*NEW DATE: FRIDAY, 25TH JUNE 2021**

**WHERE: PARISH COUNCIL OFFICE CARPARK,  
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FOBS are holding a Bag2School Clothing Collection to help **YOU** declutter and at the same time raise money for **Binfield C of E Primary**.

Please bring your items already bagged between **8am and 10am** on **Friday, 25th June 2021** to the **Parish Council Car Park on Benefield Road**. To adhere to current COVID-19 safety guidelines, you will need to unload your bags into the designated area yourself, please maintain social distancing and do not attend if you are displaying COVID-19 like symptoms.

Bag2School accept the following 'good quality' items only for re-use:

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- Hats and Belts
- Bags
- Scarves and ties
- Jewellery
- Lingerie and Socks
- Soft toys (no plastic please)
- Household linen
- Household curtains
- Household towels
- Household bedding (bed sheets, pillow cases and duvet covers)

#### They DO NOT accept:

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- Pillows and cushions
- Carpets, rugs and mats (including bath, shower and toilet mats)
- Soiled, painted, ripped or wet clothing
- School uniforms with and without logo
- Corporate clothing and workwear
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They reserve the right to refuse any unsuitable items.

Thank you for your continued support

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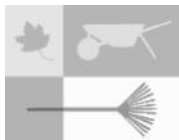
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## COMMUNITY NEWS



### What's been happening at Binfield CE Primary School (V.A.)?

#### New equipment Thank you!

Our children have been enjoying their lessons in our outdoor learning area (BOLE) and making good use of the new blackboard which was made using material donated to us by Jubilee Building Supplies of Bracknell. Thank you once again!



#### Trim Trail Update

We are delighted that the installation of our new Trim Trail took place during the Easter holidays. Unfortunately, we are awaiting one further piece of the equipment, so until this is fitted and then signed off, the children will not be able to use this trail. We are hoping that this should be with us very soon.



#### Twitter

Keep up to date on all that happens at our school by following our Twitter page, this page is regularly updated with all our children's' learning and achievements.

<https://twitter.com/Binfieldschool>

#### School Admissions for September 2021

We are looking forward to meeting all of our new children and parents joining us in September, our website is updated regularly with information for any prospective parents, this includes our virtual tour video which shows you more about life and learning at Binfield.

<https://www.binfieldschool.co.uk/admissions/>

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## COMMUNITY NEWS

### St Mark's Church Ceiling Renovations

During the spring of last year part of the ceiling at St Mark's collapsed. Luckily this occurred when the church was closed during the first lockdown and nobody was injured. Since then we have been working with Oxley Associates, the architects that oversee the ARC project, and of course the church regulatory team at the DAC who have been incredibly helpful.

Building work commenced at the beginning of April and will be completed by the end of May with the expectation that we can start to use the church again – Covid rules notwithstanding – in June.

As I write this (May 6<sup>th</sup>) the plasterers (Paul, ably assisted by Dan and Kingsley) are finishing their work and tidying the property to make ready for the painting which will be done once the plaster is fully dry.

I have taken some photos of 'before' and 'during'. You will hopefully be able to see the finished article for yourself this summer. **Tony Muller**



Fig.31: South Aisle (external view)



Fig.32: South Aisle (internal view)



Fig.33: Pier 1 - Area of failed plaster



Fig.34: Pier 1 - Small space behind failed area of plaster



Fig.35: Failed plaster



Fig.36: Pier 1, 5.5 ft - 6 inches evident throughout



**theWI**  
INSPIRING WOMEN

### THE BINFIELD BELLES

"Welcome to Binfield WI" I would say, at every WI meeting or at an event we were holding. A year of lockdown has changed that but only in some ways. There have been no physical meetings every month at the Memorial Hall, no events to plan, no speakers to book, no cakes to make or catering to sort for anniversaries etc. Yet we have all managed to stay together somehow, and to gain new members over that time as well. The bush telegraph is still going with songs, funny messages, flowers and lots of bits of information. Meetings in the open air in all weathers, dragging a chair up to the Foxes Den in case we don't have enough seats, more members arriving for coffee mornings, bringing books to exchange or Jams to buy.

During that time we can keep fit from Janes garden in the open air in 2 sessions on a rule of six, I have to say it was cold some mornings but we all survived and loved it. I am happy to say that is carrying on again this year with new members and a waiting list. Our book club managed to start up (and then close again) but hopefully will be ongoing again this year in the open air. Our monthly walks are nearly every week now and it's a delight to share little things together. Our committee have met outside or on zoom to try and put new ideas together. Everybody has had a Christmas gift and Easter

heart, we put the poppy display up in church in November until Christmas. Lots more poppies have been made in lockdown and we hope to have more displays in the village this year.

When you read this, restrictions will hopefully be on the way to being lifted, but what is the way forward for us...will we be able to use the hall for over 60 members? Can we have a physical meeting? will we have split meetings? How can we have a speaker? We want to have an afternoon tea in July probably outside so we can meet as a bigger group, a Summer lunch to plan outside too? All these things we will sort. Let's look forward to new beginnings, new meetings more new members still to experience the real WI in Binfield. Let's look forward to celebrating 103 years of the WI. Let's look forward to Mavis's Christmas open day when we admire all her Christmas Decs and eat mince pies, sausage rolls and everything else with chat. Let's look forward to our Christmas Party. It will all happen, we look forward to meeting up all together again, in one piece no matter what has gone on before, in the true spirit of the WI, sing Jerusalem and CHAT. (Chris I hope you have learnt that piano piece for Jerusalem by now).

Till next time take care. If you want to join in the fun, give me a call.

**Linda Willcocks - 01344 454503/07708731294**  
**binfieldwi@berkshirewi.co.uk**

## COMMUNITY NEWS



### IS IT SUMMER YET?

It's June already! Time flies when you're having fun or so they say. We have been having fun brainstorming new yummys and our community activities as we try and get back to normal.

This month we are waiting to see what the Government will allow us to do with regards to opening up 'properly'. If you have stopped by recently, you will have seen that we are not open inside yet. The guidelines say that we can, but while there are still restrictions and extra precautions, many of our customers have said that they prefer being outside. Looking forward we may not open up inside until we can return to counter service...

Our Mindfulness Garden is looking gorgeous with the donated flowers and plants and is a lovely spot to sit and relax. Please can we ask that if you have children with you that you are mindful of what they are doing and show them how to respect the flowers and not throw the gravel everywhere...

*Thanks for reading. We hope to see you soon!*  
Claire

*foxesden.co.uk fb.com/thefoxesdencafe 07919 448254*  
*Benetfeld Road, Binfield. RG42 4EW*

### FOXY LUNCHES

If you are struggling to feed yourself or your family, please don't go hungry.



These lunch boxes are FREE and we can arrange to have extra supplies delivered if you need them. Call or email me in the strictest confidence and we will make sure that you have food on your table  
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### NEW YUMMY REGULARS!

Our own recipe raspberry coconut slices and home-baked rocky road are now firm favourites on the menu – have you tried them yet?

### SAVORY DELIGHTS

Also new to our main menu are the fabulous Italian toastie: mozzarella, pesto and fresh tomato and the chef's favourite: cream cheese, bacon and fresh tomato bagel – heaven in a bagel!

### COMMUNITY ACTIVITIES

While writing (mid-May) we are desperate to get going with community activities. Rhyme Time is back: Monday mornings at 9.30am – outside, so weather permitting – please bring your own blanket J. We are also trying to work out if we can bring crafters and toddlers back as an outdoor activity.

Do you have any other suggestions for things we can make happen over here at the Den? Please get in touch:  
claire@foxesden.co.uk



A slightly damp and cold start to May did not hinder the spirits of everyone returning to the cricket club – despite the need to often wear numerous layers of clothing more suited to the winter months. On the field, the Women's Hardball have got off to

a great start in the T20 cup and the league seasons and a flurry of Colts and Women's softball matches are just starting. The highlight of June is the biennial fixture against The MCC on the 27<sup>th</sup> – who no doubt will be putting out an even stronger team to try to avenge their previous defeats against us. By that time the bar should be running again at full capacity ( fingers crossed ) so please do feel free to pop down then, or any other weekend to take in a bit of cricket and light refreshment.

**Andy Bryant - Chairman**  
[www.binfieldcricketclub.co.uk](http://www.binfieldcricketclub.co.uk)

### JUNE HOME FIXTURES

Date	Start	Team	Opposition	Type
03-Jun-21	6pm	Under 11's	Shinfield CC	League
05-Jun-21	1.00pm	1st XI	Bagshot CC	League
06-Jun-21	1.00pm	Friendly XI	Valley End CC	Friendly
06-Jun-21	10am	Under 13 Bears	Finchampstead CC	League
07-Jun-21	6pm	Under 15's	Twyford & Ruscombe CC	League
08-Jun-21	6pm	Midweek XI	Eversley CC	League
08-Jun-21	6pm	Under 9's	Wokingham CC	League
09-Jun-21	6pm	Under 13 Unicorns	Warfield CC	League
10-Jun-21	6pm	Under 11's	Crowthorne & Crown Wood CC	League
12-Jun-21	1.00pm	2nd XI	Boyne Hill CC 3rd XI	League
13-Jun-21	10am	Under 13 Unicorns	Windsor Cavaliers	League
14-Jun-21	6pm	Under 13 Bison	Crowthorne & Crown Wood CC	League
18-Jun-21	6pm	Under 9's	Twyford & Ruscombe CC	League
19-Jun-21	1.00pm	1st XI	Finchampstead CC 2nd XI	League
20-Jun-21	1.00pm	Friendly XI	Wargrave CC	Friendly
21-Jun-21	6pm	Girls U13	Softball Festival	League
22-Jun-21	6pm	Midweek XI	Cup SF TBC	Cup
23-Jun-21	6pm	Under 17's	Wokingham CC	League
26-Jun-21	1.00pm	2nd XI	Purley on Thames CC 2nd XI	League
27-Jun-21	11.00am	Friendly XI	The MCC	Friendly
28-Jun-21	6pm	Under 17's	Finchampstead CC	League
30-Jun-21	6pm	Under 11's	Wokingham CC	League

# COMMUNITY NEWS



## LIBRARY NEWS

**All our libraries are open again for borrowing, browsing, PC use and studying.**

Binfield Library's opening hours: Monday 2-7pm, Tuesday 2-5pm, Thursday 9.30am-5pm, Friday 2pm-5pm, Saturday 9.30am-4pm.

All our library opening hours:

<https://www.bracknell-forest.gov.uk/libraries/find-library>

We're delighted that there is now no time limit for how long visitors to the library can stay. Advance booking is no longer required to use public computers or study tables.

### Library events

With the gradual relaxation of restrictions, we hope to be organizing more events inside and outside our libraries, including special events to celebrate The Very Hungry Caterpillar and Harry Potter. Check our library website and social media pages for details.

### Online book group

Everyone is welcome to our friendly group on Zoom. On Thursday 17th June at 7pm we will be discussing 'The Other Woman' by Sandie Jones, an addictive psychological thriller about finding the man of your dreams and the mother who won't let him go. The e-book is free to borrow from BorrowBox with unlimited access, so no queues, for library members. Download the ebook using the BorrowBox app on a tablet or phone or you can also borrow using a computer and transfer to an MP3 player or e-reader such as a Kobo or Nook. Book your place on Eventbrite (search Bracknell Library).

### Knit and Natter

Tuesdays 2.30pm-3.30pm - On Zoom

Find new friends, share tips, chat in a relaxed way and enjoy some company. Prepare your material and needles, have a cuppa ready and just chat along the way.

Book on Eventbrite: <https://bit.ly/3uzpOpH>

### Tai Chi

Tuesdays 11am-12pm - Weather permitting.

To be held outside Bracknell Library

£5.00 per session – pay on the day with the exact money.

Bookings - please contact Bracknell Library to book your place.

Attendees must book the first session and each subsequent session a week in advance.

### Introducing our new music service

With Freegal Music, library members can download three song tracks a week, which are yours to keep for as long as you want. All tracks are MP3 Digital Rights Management (DRM) free. You can download direct to your mobile device with the FreegalMusic app, download direct to your computer or transfer to your iTunes Library or MP3 player.

You can also stream 3 hours of music per day, which is a great way to discover new music. Listen to music instantly without the need to download any files, and the service is completely ad-free.

Choose from a choice of over 15 million songs, from classical to pop, including the Sony Music Entertainment UK's catalogue of legendary artists. In total, the collection is comprised of music from over 28,000 labels, with artists from every era and genre and music that originates in over 100 countries.

Download the Freegal Music app from Google Play or Apple store or visit the

[Freegal Music website](https://bracknellforest.freegalmusic.com/home)

<https://bracknellforest.freegalmusic.com/home>

More information about the Freegal Music Service:

<https://www.bracknell-forest.gov.uk/libraries/freegal-music>

**Anne Hayward**



**Newbold School**  
A great start for a great future

## Earth Day

An exciting Earth Day was had at Newbold school on Thursday 22nd April when the children went litter picking in the woods, built a tent and learned about the dangers of plastic to ocean life. The morning ended with the children going back to class and making toys from recycled and reused materials. Some lovely binoculars emerged, plus a few boats and even a superhero model.



## Planting vegetables

The children have done a wonderful job planting courgettes, sprouts, beans and radishes in the newly prepared beds. Now that they are planted, they are enjoying taking turns to water them and we are all excited by how well the plants have grown so far.



## The Daily Mile

Since the start of the summer term, years 3, 4, 5 and 6 have been keeping fit with The Daily Mile. They have been running 15 minutes every day, doing laps around the playground. So far – in just one and half weeks – the children have managed to clock up 57 miles collectively! We are so impressed with their energy and can't wait to see the total figure once we get to half term.



# COMMUNITY NEWS



## Ospreys over Binfield

In our parish we can see a good number of the UK's spectacular birds of prey: red kites and buzzards soar overhead; sparrowhawks occasionally visit our gardens; kestrels hunt over the open

countryside; and peregrines use tall buildings as their vantage points. If you are really lucky you may also see other raptors passing overhead. The hobby, which I always think is a cross between a peregrine and a kestrel, is a summer visitor that can be seen hunting over the heath-land to the south and the river Thames to the north.

In addition to the possibility of seeing a passing hobby as you watch the sky, there is a faint chance that you could see Britain's largest bird of prey the white-tailed sea eagle. I have been fortunate to see one of these magnificent birds in the Orkney Isles and the best description of them really is a flying barn-door. A release project is underway on the Isle of Wight and the satellite-tagged birds have already been seen to roam widely. Last summer one hung-out with the red kites in the north Chilterns and was tracked passing over our parish.

While sky-watching a couple of weeks ago we saw another of the UK's birds of prey, an osprey, probably on its migration northward. These fish-eating birds will sometimes stop off to re-fuel and have been known to visit some of the larger fishing lakes in the area. A project is underway to encourage ospreys to nest on the south coast after an absence of almost two hundred years. Starting in 2017, young birds from Scottish nests have been released in Poole Harbour every summer. In autumn ospreys migrate to sub-Saharan Africa and young birds tend to stay there for a couple of years. When they are old enough to breed they will return to Poole and search for a mate and a suitable nest site. You can find out more about this

project and where to see the birds here - <https://www.birdsofpooleharbour.co.uk/osprey/>

If you don't want to spend hours staring at the sky, or travelling to one of the places where ospreys can be found, you can still follow the osprey soap opera on-line. There are blogs and web-cams dedicated to different nest sites and there is a growing band of osprey followers who wait for news and views of their favourite bird. Individual ospreys have become celebrities in their own right, probably due to a combination of the suspense of will they return from migration, their longevity, the fact they tend to be faithful to a mate and a site, and the day to day challenges of nesting and raising young. Some of the most popular osprey websites relate to Rutland Water in England, Loch Garten and Loch of Lowes in Scotland, and Glaslyn in Wales.



So, have a go at sky watching, perhaps with a glass of something chilled by your side. Or if the weather isn't good enough for that you can find your own favourite osprey online and see how they are getting on raising this year's young.

*(The image of an osprey is taken from Birds of Britain and Europe by Rob Hume, my favourite bird guide)*

Binfield Environment Group can be contacted by email at [binfielddeg@gmail.com](mailto:binfielddeg@gmail.com) or on Facebook.

**Mike Coker**

## BINFIELD STREET NAMES WORDSEARCH

Can you find your street?

ANGEL PLACE	MINCHIN GREEN
BENETFELD ROAD	MURRELL HILL LANE
CHURCH LANE	NASH PARK
CRESSEX CLOSE	PITCH PLACE
EMMETS PARK	ROSE HILL
FARLEY COPSE	ROSEDALE
FLETCHER GARDENS	ROUGHGROVE COPSE
FOREST ROAD	ST MARKS ROAD
FOXLEY LANE	STEVENSON DRIVE
HALLBROOKE GARDENS	TERRACE ROAD NORTH
HITHERHOOKS HILL	TILEHURST LANE
HORSENAPE GARDENS	WIGGETT GROVE
KNOX GREEN	WONDESFORD DALE
MILL GREEN	WOODIES CLOSE

G O T F R A E A H T L L I H E S O R L F P R  
A L K O E S P O C E V O R G H G U O R Z I X  
I A R D T A N G E L P L A C E L A D E S O R  
N F A A S S T E V E N S O N D R I V E N R H  
K E P T T N Y A D I R F Z Z I F M F A R I T  
R T H L L D E E M R B E S D L U L E G T E C  
A O S G N H S D M X A W P E R E E U H A T R  
P D A O R T S E R O F G G R T B O E N H I E  
S R N H T R O N D A O R E C A R R E T U L S  
T E D I V H T R J I G L H K E H E E E A E S  
E N A L H C R U H C L E M S O U V J D S H E  
M A O A Y M A F N H R I P O Q O N D O M U X  
M L R L H G N S I G N O K A R E R L T E R C  
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F E L T T G L R H Y H N T D F S W C L A T O  
P L E D C L D I E I I T A S E U R A R L L S  
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E T N E F E G I S O O I O H G J O H T T N M  
H I E H A O W I W W V N N E E R G L L I M O  
L N B E S T M A R K S R O A D Z S N E P U H

# COMMUNITY NEWS



## Bracknell Branch Update

The May 2021 meeting of the Bracknell RNA opened with an air of excitement as we are ever nearer to live Branch meetings and socials, pending changes in the pandemic road-map over the next 8 weeks. The desire to return to live groups, coupled with a desire to grow our ranks, is paramount in the future success of this band of merry men and women that is the Bracknell Royal Naval Association.

Chairman S/M Nigel Carpenter opened formal proceedings with 23 members present. The formal proceedings always include a minute's silence in remembrance of all Shipmates who have 'crossed the bar' including some of our own. As expected, and with military precision, the formal meeting went without a hitch and the evening concluded with a spectacular fun-filled Quiz this month.

Recognition this month also goes to eight Shipmates who met at the local War Memorial in the grounds of St Mark's Church in Binfield on Saturday 17<sup>th</sup> April 2021. At 1500 the Branch Standard - carried by S/M Anthony Boddrell, the Regulating Branch & Royal Naval Police Association Standard - carried by S/M Chairman Nigel Carpenter and the Regimental Standard of the Duke of Edinburgh's Royal Regiment (Berkshire & Wiltshire) - carried by S/M David Smith were "dipped" for the National one minute's silence to pay tribute to HRH Prince Philip, as part of the funeral ceremony for His Royal Highness.



The second half of 2021 offers some exciting opportunities to get back to what we do best...a little bit of pomp and ceremony and a lot of fun and friendships. Maybe you will join us as a member of the Bracknell RNA. For further information, please contact our Branch Secretary, S/M June Boddrell at [secretary.bracknellrna@gmail.com](mailto:secretary.bracknellrna@gmail.com) or by telephone on 01344 311869.

*Yours aye, S/M Marcus Carpenter*

## ONCE NAVY, ALWAYS NAVY



## 100 YEARS OF THE ROYAL BRITISH LEGION

The British Legion was formed on 15<sup>th</sup> May 1921, bringing together four National Organisations of ex-service men.

The purpose was straight forward to care for those who had suffered as a result of their own service or through that of a Husband, Father or son.

Over six million had served in the war, 725,000 never returned and of those who came back 1.75 million suffered some kind of disability and half were permanently disabled. Then add to this those who depended on those who had gone to war.

Lance Bombardier Tom Lister decided that if the Government was either unable or unwilling to do anything to improve the lives of ex-service men, he would. This led to the formation of The British Legion.

Not only did the legion leaders want to look after those who

suffered in the war, they also sought to prevent further sacrifice by reminding the nation of the human cost of war.

When the Legion was formed the tradition of an annual two minute silence in memory of the fallen had been established, and the first poppy day was held on 11<sup>th</sup> November 1921.

The Legion was granted Royal status in 1971. In 1981 as well as ex-service men, membership was extended to serving members of the forces and now anyone can be a member whether they have served or not. The Binfield Branch was established in 1925.

The Legion provides financial, social and emotional care and support to all members of the armed forces and their families past and present. We are also the national custodians of Remembrance to make sure it is kept alive and that the sacrifice our brave men and women have made are never forgotten. The Binfield Branch in this difficult year have collected £4,700 towards the poppy appeal so far.

The Legion was saddened by the loss of HRH Prince Philip, but respected the Queens wishes of staying at home and paying our respects from there.

*Karen Hatt  
Binfield Branch*

Notelets for sale: perfect for Summer!

£3 per pack of 5 A6 cards.

Featuring a beautiful illustration of All Saints' Church, reproduced by kind permission of the artist, Lorna Minton.

Available to buy from the Foxes' Den Café or email

[fundraising@binfieldcofechurches.org.uk](mailto:fundraising@binfieldcofechurches.org.uk)

All proceeds to the ARC Project



F.O.B.S.  
Friends of Binfield School



**Bag2School Collection**  
in aid of Binfield CE Primary School

**\*\*New Date\*\***

**Friday, 25th June 2021**  
**8-10am**

**Parish Council Office Car Park,**  
**Benetfield Road**  
**Find more details inside...**



**Would you like to**  
**Advertise Here**

If you are interested please call

**07719 545292**

or email [office@binfieldcofechurches.org.uk](mailto:office@binfieldcofechurches.org.uk)



**JOYFUL JUNE (EVEN IN DIFFICULT TIMES)**



**TUESDAY**

**1** Decide to look for what's good, even on the difficult days

**8** Write a letter to thank someone for what they did

**15** Rediscover a fun childhood activity that you can enjoy today

**22** Share a happy memory with someone who means a lot to you

**29** Take time to do something that makes you happy today

**WEDNESDAY**

**2** Re-frame a worry and try to find a positive way to respond

**9** Find the joy in music today: sing, play, dance or listen

**16** Ask a loved one what they feel grateful for at the moment

**23** Look for something to be thankful for where you least expect it

**30** Make a list of the joys in your life (and keep adding to them)

**THURSDAY**

**3** Think of 3 things you're grateful for and write them down

**10** Take a photo of something that brings you joy and share it

**17** Be kind to you. Treat yourself the way you would treat a friend

**24** Thank a friend for the joy they bring into your life

**FRIDAY**

**4** Show your appreciation to those who are helping others

**11** Say positive things in your conversations with others today

**18** Send a positive note to a friend who needs encouragement

**25** Eat food that makes you feel good and really savour it

**SATURDAY**

**5** Smile and be friendly, even while you're social distancing

**12** Make a plan with friends to do something fun together

**19** Create a list of favourite memories you feel grateful for

**26** See the upside in a difficult situation you learnt from

**SUNDAY**

**6** Notice the upsides during the lockdown, however small

**13** Appreciate the joy of nature and the beauty in the world around

**20** Make time to do something playful today, just for the fun of it

**27** Watch something funny and enjoy how it feels to laugh

**MONDAY**

**7** Find a joyful way of being physically active (indoors or out)

**14** Do three things to bring joy to other people today

**21** Enjoy trying a new recipe or cooking your favourite food

**28** Create a playlist of your favourite songs and enjoy them



**"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle**



**ACTION FOR HAPPINESS**



[www.actionforhappiness.org](http://www.actionforhappiness.org)

30 actions to look after ourselves and each other as we face this global crisis together

**Keep Calm · Stay Wise · Be Kind**