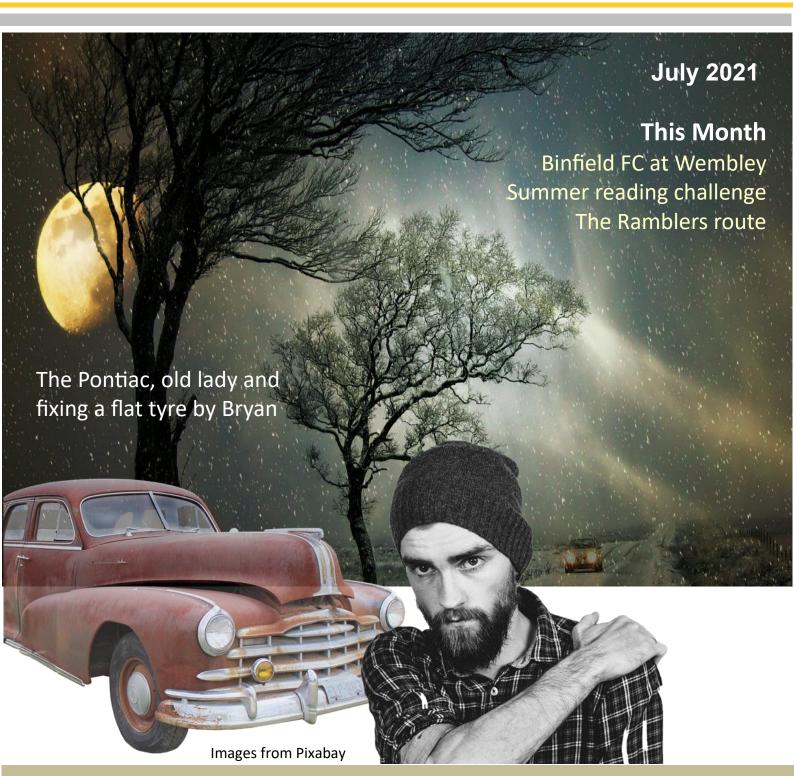
The Binfield Beacon



Your Binfield Parish Community Magazine - there's lots going on!



Our Mission is to help people follow Jesus and his teachings

SERVICES

All services and groups are correct at the time of going to press, and will comply with social distance rules and government guidance, so may change depending on government advice. Any updates will be published on our website and facebook pages.

July 2021

Sunday 4th July

10am Said Communion Service at All Saints'

(Liturgy from the Book of Common Prayer)

11am Baptism at All Saints' (No Whizz Kids)

Monday 5th July

6pm Year 8-9 Oasis Group at All Saints'

Wednesday 7th July

9am Wednesday Women's Walk - from Foxes' Den

6pm Year 7 Oasis Group at All Saints'

Sunday 11th July

10am Said Communion Service at All Saints'

11am Whizz Kids at All Saints'

Monday 12th July

6pm Year 8-9 Oasis Group at All Saints'

Wednesday 14th July

9am Wednesday Women's Walk - from Foxes' Den

6pm Year 7 Oasis Group at All Saints'

Sunday 18th July

10am Informal Communion Service at All Saints'

(More informal communion service like previous 11am)

11am Whizz Kids at All Saints'

Monday 19th July

6pm Year 8-9 Oasis Group at All Saints'

Wednesday 21st July

6pm Year 7 Oasis Group at All Saints'

Sunday 25th July

10am Said Communion Service at All Saints'

11am Whizz Kids at All Saints'

August 2021

Sunday 1st August

10am Said Communion Service at All Saints'

(Liturgy from the Book of Common Prayer)

Advance booking for the Sunday Services is no longer required

Advance booking for Sunday Service no longer required

There is no longer the need to pre book a place at our Sunday service. We kindly ask that you still wait by the front door to be seated, but please feel free to simply turn up on a Sunday morning.

SERVICES



During this time Luke is posting online talks and Church services on his YouTube Channel:

The Rev from the Shed

(https://www.youtube.com/channel/UCtq1gasp7Nchm6-QS4I7CYQ)



Or on our Facebook page:

https://www.facebook.com/AllSaintsWithStMarks/

You can also keep up-to-date with any information on the Church website: http://www.binfieldcofechurches.org.uk/



Baptisms

We are now able to offer Baptism Services again.



These will be held at 11am on the first Sunday of the month.

For full details on how to book and the measure that will be in place during the service please contact Hayley at the Church office- office@binfieldcofechurches.org.uk

From the Registers:



Baptisms

Holly Vivienne Lesley Pearce Harry Gerard Simon Pearce

All Saints' Church Welcoming/Cleaning Team Can you help?

If you would like to be part of the welcoming/cleaning team, please can you email Hayley at the Church office – office@binfieldcofechurch.org.uk.

A MESSAGE FROM YOUR RECTOR



Acts of kindness

This young man was driving home one evening, on a two lane country road. Work in this small mid-western community was almost as slow as his beat-up Pontiac, but he never quit looking. Ever since the factory closed,

he'd been unemployed, and with winter coming on, the chill had finally hit home.

It was a lonely road. Not very many people had a reason to be on it, unless they were leaving. Most of his friends had already left. They had families to feed and dreams to fulfill, but he stayed on. After all, this was where he buried his mother and father. He was born here and he knew the country. He could go down this road blind, and tell you what was on either side, and with his headlights not working, this came in handy.

It was starting to get dark and light snow flurries were coming down. He'd better get a move on. You know, he almost didn't see the old lady, stranded on the side of the road. But even in the dim light of day, he could see she needed help. So he pulled up in front of her Mercedes and got out. His Pontiac was still sputtering when he approached her.

Even with the smile on his face, she was worried. No one had stopped to help, for the last hour or so. Was he going to hurt her? He didn't look safe. He looked poor and hungry. He could see that she was frightened, standing out there in the cold. He knew how she felt. It was that chill which only fear can put in you. He said, "I'm here to help you Ma'am. Why don't you wait in the car where it's warm? By the way, my name is Bryan."

Well, all she had was a flat tire, but for an old lady, that was bad enough. Bryan crawled under the car looking for a place to put the jack, skinning his knuckles a time or two. Soon he was able to change the tire. But he had to get dirty and his hands hurt. As he was tightening up the lug nuts, she rolled down the window and began to talk to him. She told him that she was from St. Louis and was only just passing through.

She couldn't thank him enough for coming to her aid. Bryan just smiled as he closed her trunk. She asked him how much she owed him. Any amount would have been all right with her. She had already imagined all the awful things that could have happened had he not stopped.

Bryan never thought twice about the money. This was not a job to him. This was helping someone in need, and God knows there were plenty who had given him a hand in the past. He had lived his whole life that way, and it never occurred to him to act any other way. He told her if she really wanted to pay him back, the next time she saw someone who needed help, she could give that person the assistance that they needed, and Bryan added "...and think of me." He waited until she started her car and drove off.

It had been a cold and depressing day, but he felt good as he headed for home, disappearing into the twilight.

A few miles down the road the lady saw a small cafe. She went in to grab a bite to eat, and take the chill off before she made the last leg of her trip home. It was a dingy looking restaurant. Outside were two old gas pumps. The whole scene was unfamiliar to her. The cash register was like the telephone of an out of work actor--it didn't ring much.

Her waitress came over and brought a clean towel to wipe her wet hair. She had a sweet smile, one that even being on her feet for the whole day couldn't erase.

The lady noticed that the waitress was nearly eight months pregnant, but she never let the strain and aches change her attitude. The old lady wondered how someone who had so little could be so giving to a stranger.

Then she remembered Bryan. . .

After the lady finished her meal, and the waitress went to get change for a hundred dollar bill, the lady slipped right out the door. She was gone by the time the waitress came back. She wondered where the lady could be, then she noticed something written on the napkin under which were 4 one-hundred dollar bills. There were tears in her eyes when she read what the lady wrote. It said:

"You don't owe me anything,
I have been there too.

Somebody once helped me out the way I'm helping you.

If you really want to pay me back, here is what you do:

Do not let this chain of love end with you."

Well, there were tables to clear, sugar bowls to fill, and people to serve, but the waitress made it through another day. That night when she got home from work and climbed into bed, she was thinking about the money and what the lady had written. How could the lady have known how much she and her husband needed it? With the baby due next month, it was going to be hard.

She knew how worried her husband was, and as he lay sleeping next to her, she gave him a soft kiss and whispered soft and low, "Everything's gonna be all right - I love you, Bryan."

Will you, pay if forward? Don't wait for something good to happen to you before you do something good for others. Do it first. Pay if forward. Let's be honest, there have been times, and I'm sure there will be plenty of times in the future too, when you feel like you are stuck on the side of the road

hoping someone will stop. Why not be the person who pays it forward?

As Jesus said, "...do to others what you want them to do to you."

Matthew chapter 7 verse 12.

- Author Unknown -



Luke

CONTACT US: 07719 545292 office@binfieldcofechurches.org.uk

Rector:

Revd Luke Taylor 07939 526361

lukethevicar@gmail.com (Friday is Luke's day off)

Churchwardens:

John Hargreaves - 07973 842624 Neil Harrison - 01344 455174

Church Office: *PLEASE NOTE NEW NUMBER

Hayley Fourie, Administrator Office mobile number 07719 545292 office@binfieldcofechurches.org.uk

Office opening hours:

Tuesday: 9.00am - 1.00pm Wednesday: 9.00am - 1.00pm Thursday: 9.00am - 1.00pm (Hayley will be working from home until further notice but can be contacted on the email or

Binfield Beacon Editor:

Claire Thomas

number above)

beacon@binfieldcofechurches.org.uk

P.C.C. Secretary:

Kate Hayes 07809 736372

Organist & Choirmaster:

Michael Hawkins 01344 411681

Bell Tower Captain:

Jan Glen 07840 104455

Treasurer:

Sarah Muller 01344 428782

Treasurer@binfieldcofechurches.org.uk

Stewardship Secretary:

Andrea White 01344 421079

ARC Fundraising Team

fundraising@binfieldcofechurches.org.uk

Church Website:

www.binfieldcofechurches.org.uk



We are also on Facebook facebook.com/AllSaintsWithStMarks

The Church Office is sited in St Mark's Church

St Mark's Church

Poneswood Road Binfield RG42 4AH

All Saints' Church

Church Hill

Binfield RG42 5NS

PLEASE LET US STAY IN TOUCH!

We would like to improve our communication with everyone in the village and congregation. To do this we need to keep our contacts database up to date. We have a new privacy policy in line with the new GDPR rules on our website.

If you would like to sign up to receive emails from us regarding updates, news and events from the parish please go to this webpage:

http://eepurl.com/dtqaqr

Pastoral Care Visiting Team need a friend?





Bereavement Support Team

In All Saints' and St Mark's Churches we have a small pastoral care team who are happy to visit and befriend the people of Binfield. So, if you have recently moved to the area and don't know many people; if your family live far away; if you are a Mum at home with a baby and would like adult company; if you find it difficult to get out or just fancy a friendly chat over a cup of tea, please get in touch with one of us. You don't need to be a member of the church, just enjoy some company occasionally!

> Jane Aylwin tel. 481692 tel. 452694 Jill Hanson **Margareta Hawkins** tel. 411681 tel. 428782 Sarah Muller Jan Vigar tel. 411267 **Gisele Taylor** tel. 07724 889169 **Dave Dawson** tel. 360389

Or contact the church office on 07719 545292 or email office@binfieldcofechurches.org.uk

We will all suffer loss, grief or bereavement at some time in our lives, mainly through death, but also in other ways such as relationship breakdown, loss of a job, or sudden disability. The Bereavement Support Team are not counsellors, but can offer support and companionship if you are suffering a loss of any kind.

There is no charge for a visit. All support team members are DBS checked and have ID badges.

> If you would like to talk to a member of the team, in confidence, please contact Liz Hall for more information orinocco@hotmail.co.uk /07850 799434



Praying for and with you

We have weekly prayer sheets — please email office@binfieldcofechurches.org.uk

if you would like something to be included.



How to donate or fundraise:

We really appreciate your donation; however big or small, it all helps!



- Cheque: send a cheque to the church office. Please make sure it's made payable to "Binfield PCC". Please write 'ARC', 'St Mark's', 'General Funds", 'Lighthouse' or where you would like your donation used on the back and include your name and address if you are a UK tax payer so that we can claim Gift Aid.
- BACS: Name: Binfield PCC, Account Number: 80175528, Sort Code: 20-11-74 Please add your name + ARC (e.g. as above) as a reference and if you would like to specify where your donation goes.

Don't forget to Gift Aid it if you are a UK Tax Payer - this will add an extra 25% to your donation! Contact the church office for more details, or see the church website more information and other ways to raise money!

Shop and raise funds at smile.amazon.co.uk and easyfundraising.org.uk: search for Binfield PCC

The Parochial Church Council of the Ecclesiastical Parish of Binfield: Registered Charity No: 1149382

CHILDREN AND YOUTH

Hey Everyone,

Luckily we've been able to meet again in person for our kids and youth activities, and the repairs at St. Mark's Church have been finished so we were able to move back into the building for our groups. A huge thanks to the Russian speaking Church for doing such an amazing job decorating the Baxter rooms and making the building look good as new! Here's what we've been up to...





At Whizz Kids we've been hearing about the parables that Jesus told, and what they mean for us. We've been acting out the stories and making crafts, as well as our usual fun and games!



Our Oasis groups have been enjoying movie nights, where we set up a projector and watched The Greatest Showman and Jumanji! We've also been making the most of the warm weather and spending lots of time outside enjoying the sunshine.

Coming up during the summer holidays we have Oasis Fest for girls in school years 7-11, which will be a sleepover style holiday at the Church complete with music, games, inflatables, campfires and more!

We will also be having games at the park for kids in primary school on Friday the 6th, 13th and 20th of August from 11am-1pm.

For more information on either of these summer activities please email me at daisyridell@gmail.com.

We hope you enjoy your final month at school and will see you soon!

Daisy - Children's and Youth Worker (daisyridell@gmail.com)







WEDNESDAY WOMEN'S WALK

A gentle 2-3 mile walk, in and around Binfield village, for women of mixed ages and abilities. Usually on the 1st and 3rd Wednesday of the month.



The walks go ahead in all weathers and normally start at 9am from outside Foxes' Den Café and finish there around 10am for a coffee.

July Dates:

7th July- 9am meet Foxes' Den 21st July- 9am meet Foxes' Den For more information contact:

Gisele on 07724 889169 or Claire on 07912 746289

The Binfield Beacon



The deadline for Beacon contributions for the August/September 2021 issue (Please remember this is will be a double issue)

is Monday 12th July 2021

Please email: Beacon@binfieldcofechurches.org.uk

Claire Thomas (Binfield Beacon Editor)

PLEASE NOTE: The articles in this magazine reflect the personal opinions of the writers and not necessarily those of the Editor or Editorial Team. Furthermore the Editorial Team are not responsible for any errors of fact printed in the magazine. Goods and services advertised in this magazine are not endorsed but readers utilising these facilities retain their statutory rights.

The Binfield Beacon is produced by The Parochial Church Council of the Ecclesiastical Parish of Binfield. Registered Charity number 1149382

FUNDRAISING NEWS

Can you lend a hand?

With the easing of restrictions coming up on the albeit slightly-shifting horizon, the fundraising team have been getting together to make a plan to restart our efforts again in earnest. We are really looking forward to the point where our calendars are full again with the fun events and activities we are used to being able to enjoy in the village! Although we can't share any details here just yet, look out for details of the first event to be held, hopefully in September, which will mark us all being able to get together again.

In order to make this all happen, we would love to hear from anyone who would be able to lend a hand with any marketing, social media content and raffle prize co-ordination. Please get in touch with the fundraising team on the email below if you can help.

In the meantime, we hope that you all enjoy a fun summer, catching up with friends and family as much as you can!

Notelets for sale: perfect for Summer! £3 per pack of 5 A6 cards.

Featuring a beautiful illustration of All Saints' Church, reproduced by kind permission of the artist, Lorna Minton.
Available to buy from the Foxes' Den Café or email fundraising@binfieldcofechurches.org.uk
All proceeds to the ARC Project







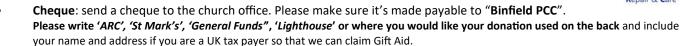






How to donate or fundraise:

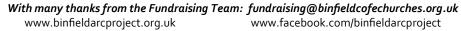
We would really appreciate your donation; however big or small, it will all help!



• BACS: Name: Binfield PCC, Account Number: 80175528, Sort Code: 20-11-74
Please add your name + ARC (e.g. as above) as a reference and if you would like to specify where your donation goes.

Don't forget to Gift Aid it if you are a UK Tax Payer - this will add an extra 25% to your donation! Contact the church office for more details, or see the church website more information and other ways to raise money!

Shop and raise funds at smile.amazon.co.uk and easyfundraising.org.uk: search for Binfield PCC





News from the Parish Office - July 2021 (correct as of 14 June 2021)

Binfield Parish Council upcoming meetings:

Binfield Parish Council and Committee in-person meetings resume in July. Members of the public are welcome to attend and should note adherence to the following: Scan of venue QR code, use of hand sanitiser, and to wear a mask (unless exempted). The Foxes' Den café area will be used as this offers more space for socially distanced and front-facing seating. A projector will show the meeting content and a

paper pack can be provided upon request.

July 2021

Saturday 10 July	Parish Councillor Drop-In Session (The Foxes' Den café)	10am-12pm
Tuesday 13 July	Parish Council	8pm
Tuesday 27 July	Planning & Transportation Committee	8pm

Our thanks and best wishes to Janet Steel!

The Parish Council would like to extend our thanks and best wishes to Amenity Admin Assistant, Janet Steel, who after 20 years of service has decided to retire. Janet has been a continuous presence in a team that will miss her when she leaves. She has covered many areas of the Parish and so many residents have needed her assistance through the years and will miss her helpfulness and cheerful nature. Many of our allotment holders will know Janet as she looks after the Red Rose and, more recently, the new Pocket Copse allotment as well as working with the Parish Warden on play area safety checks and equipment needs. We wish her well as she makes more time for her family, many friends, wide interests and a busy retirement.

Parish Councillor Drop-In Session – Saturday 10 July (10am-12pm)

Come along to The Foxes' Den café to meet Parish Councillor and Chairman, Hilary Doyle, and Councillors Sarah Naxton and Sarah Peacey, to discuss the Parish Council's strategy and plans, and/or ask any questions or raise any concerns you may have about matters concerning Binfield. The Parish Councillors look forward to meeting with you.

Find upcoming drop-in sessions, meetings and events on our website: https://www.binfieldparishcouncil.gov.uk.

Parish Council building re-opening

We are welcoming back groups of up to 6 adults (or more, if an adult support group, or a supervised children's activity) who wish to take part in COVID-Secure activities using the Council and Foxley meeting rooms. Complete our online form to make a booking enquiry: https://www.binfieldparishcouncil.gov.uk/contact. Parish Council office staff will spend time working from the office and remotely over the Summer. A full re-opening of the office is planned for September. Of course, you can always use the email and telephone details below to get in touch with us.

Organised outdoor activity groups in Parish parks & open spaces

With the better weather finally here, exercising outdoors is a great way to keep fit. Please do let us know about your organised group activities and provide a copy of your Public Liability Insurance and a COVID-Safe Risk Assessment. These are requested so that your attendees, members of the public, and the Parish Council, know that you have considered both the safety of your attendees and instructors, and that your activity is suitable for the area(s). This request applies to all outdoor organised exercise groups in any of the Parish parks and open spaces in Binfield: **Foxley Fields** - including the Multi-Games Use Area (basketball court), **Knox Green**, **York Road**, **Wicks Green** and the adjoining **Silver Jubilee Field**. Contact us for more information about how to make your request. Find out more about the parks and open spaces in Binfield:

https://www.binfieldparishcouncil.gov.uk/parks-and-open-spaces

Call for local 'green spaces' sites

The Council are seeking green space sites for nature and amenity. This may be through outright acquisition, a long lease or other method. More information on the criteria and a Submission Form can be found at:

https://www.binfieldparishcouncil.gov.uk/call-for-local-green-space-sites

NEW Summer Arts Exhibition at Brownlow Hall 24/25 July 2021

A free to enter, free to visit Summer Arts Exhibition at Brownlow Hall for all local artists. A chance to meet other artists maybe for the first time in two years. Application forms are online here: http://arts-week.org/summer-art-exhibition-july-21. Exhibition opening times: 12pm-6pm Saturday 24/11am-2pm on Sunday 25 July. Artists set up and preview on Friday 23 July. For more details contact Event Organiser, Jonathan Greenyer 07768 513436/ events@arts-week.org.

Ally, Amanda, Purveen, Janet & Kirsty

01344 454602/Binfield Parish Council at the Parish Office, Benetfeld Road, Binfield, RG42 4EW

Parish Office working hours (all staff are working remotely): 8.45am-1pm Monday to Friday

office@binfieldparishcouncil.gov.uk

www.binfieldparishcouncil.gov.uk

BINFIELD PATIENT GROUP

PHARMACISTS are the unsung heroes of the health world. Many minor conditions can be dealt with by pharmacists. Here are some examples of minor health problems that seeing a pharmacist before your GP may be of benefit to you.

- ACHES AND PAINS (e.g. back pain, headache and migraine, period pain, teething and toothache).
- ALLERGIES (e.g. bites and stings, skin reactions).
- COLDS AND FLU (e.g. cough, congestion, sore throat, fevers and/or temperature).
- EAR CARE (e.g. earache, ear wax, ear infection).
- EYE CARE (e.g. bacterial conjunctivitus, styes).

IF THE PHARMACIST IS UNABLE TO HELP, OR BELIEVES THE CONDITION IS OF A MORE SERIOUS NATURE, THE PHARMACIST SHOULD DIRECT YOU TO MAKE A GP APPOINTMENT OR DIRECT YOU FOR EMERGENCY HOSPITAL TREATMENT.

ARE YOU WORRYING ABOUT PAIN?

Whether a particularly stressful day has brought on a headache, or an old injury is flaring up, all of us experience pain occasionally. Usually these aches and pains are temporary and go away with pain killers, rest and time. But if pain is impacting your quality of life - for example, limiting your movement or preventing you from sleeping - it's time to speak to a pharmacist or GP.

Pain isn't something you have to put up with. Depending on the root cause of your pain, there are a variety of treatments which might be able to help you, from medication and surgery to physiotherapy and counselling. Make sure to seek advice so you can get back to feeling like yourself as quickly as possible.

BINFIELD PRACTICE WEBSITE:

<u>www.binfieldsurgery.co.uk</u> has been updated and now has much more information than previous.

If you have been using www.patientaccess.com you should continue to do so as normal. This website is still running exactly as previous.

BINFIELD PRACTICE NEWSLETTER:

If you have given the surgery your e-mail address, you should receive the practice newsletter approximately every other month. This contains a variety of interesting information about services and local health updates.

DEMENTIA:

It is estimated that there are now over one million people living with dementia in the UK.

An early diagnosis can help people with dementia get the right treatment and support, and help people close to them to prepare and plan for the future.

Symptoms of dementia may include memory loss, reduced thinking speed, mental agility, language understanding and judgement. Your risk of developing dementia increases as you get older and the condition usual occurs in people over 65.

If you are worried about memory loss or any of the symptoms, please speak to your GP or visit www.nhs.uk/conditions/dementia-guide/Pages/dementia-choices.aspx

Duncan Johnston - Binfield Patient Group



THE BINFIELD BELLES

June is busting out all over - an iconic song from MSPIRING WOMEN Carousel the Musical from the 1960's. However when you read this we will be entering July 2021

where did the last year go, and the beautiful weather may or may not be with us. Meanwhile the WI are still hanging on and hoping that we can hold a meeting at sometime soon. We have planned a bit of a do for July hopefully an afternoon tea for our members but we will see.

Meanwhile our National Federation have held their annual AGM all on zoom to our members who wish to see it. At this AGM we had an outgoing chairman and a new one voted in to serve 3 years. The Duchess of Wessex gave a talk together with Dame Cressida Dick and Baroness Hale, as she did on the National centenary when the Queen was present, The Queen is a member of Sandringham WI and drops in when there. The Duchess is a member of Bagshot WI where she is actively involved in WI business and local events. Our National AGM is normally a big day with members from all over the country let's hope we will all meet up again next year. Every year we have resolutions to vote on that the WI follow up in industry or government to put pressure on to change things. Ovarian cancer is on the agenda this year and our National will be looking to raise more awareness.

They often find speakers who are women who have made history in certain areas. As you may know many WI ladies in the early 1900 originated from the Suffragette movement and

they instigated the adoption of the song Jerusalem which we still sing today. Interestingly a suffragette sculpture has been unveiled in Epsom of Emily Davidson who lost her life when she jumped in front of the Kings horse in the Derby she was an active member of the movement. She is sitting on a bench



waiting ...lest we forget where our roots lie. Such strong women. I hope we can all still step up to the mark.

Meanwhile our members are all happy as we meet at coffee mornings or walk together once a week. As long as we keep the morale up we are still doing a good job. We are looking to get our book club up and running again and our craft group where we will be working on a village project so plenty to look forward to.

Have a happy summer everyone let's keep smiling. We are still recruiting members so give me a call if you want to be a modern day suffragette so we can make a difference. Till we talk again

> Linda Willcocks - 01344 454503/07708731294 binfieldwi@berkshirewi.co.uk



Binfield Garden Club

After a freezing April and a wet May, we hope everyone is enjoying this sunny June with lovely flowers filling our gardens. Our garden club continues to survive and is hopefully looking

forward to holding full meetings from September. Until then members have managed to sell and/or buy excess plants and still get together for our Zoom meetings.

On June 3rd chairman Ralph welcomed Darren Lerigo to talk to us. Darren's speciality is topiary and he had just spent three full days cutting a parterre. He showed some examples of his

work, including this amazing "house" completed for a McAlpine site! Darren reported that according to surveys what people want for their gardens is easy maintenance, a social area and something



unusual and his talk gave us many suggestions. To reduce maintenance, the vital thing is to mulch well, particularly bare soil to stop light allowing weeds to germinate. Plant perennials as once established they will look after themselves. Another suggestion is to use several bigger pots instead of small ones as the flowers will be happier with more room for their roots. Darren stressed that good compost is essential and he recommends Dalesfoot Compost

https://www.dalefootcomposts.co.uk as it contains natural ingredients such as comfrey and bracken and also wool from Herdwick sheep which helps with water retention.

For unusual plants, Darren urges us to use smaller nurseries and try a new plant each season. He gave us the names of a couple he recommends and these will appear on our website and the next members' newsletter.

Making a garden dog friendly is not easy, though some of us think slugs cause the most damage! Instead of chemicals,

Darren suggested making a garlic spray by squashing a clove of garlic in water and spraying the leaves as slugs hate garlic. If one has room to make a child friendly space, plant a tree or two to make dappled light and create secret spaces.

Tips to create character include cutting up an old hedge as a topiary feature, soften a hard landscape by planting along the

edges – maybe hebes cut into blobs for texture. Remember to create a welcome by your front door with pots of seasonal flowers, topiary pillars and fragrant roses. A final reminder from Darren for gardeners is to ask yourself am I enhancing life down the food chain, possibly

adding a pond, logs and

foraging plants for bees,



avoiding fertilisers and chemicals and planting a tree. And at the end of the day, if the work gets too much, see weeds as flowers as insects and bees love them just as much!

In July our Zoom meeting will be Ray Broughton on the subject of 'organically grown vegetables in small gardens'. Ray is a highly qualified teacher, lecturer, examiner and Fellow of the RHS. He has over 30 years of experience in addressing gardening clubs and societies. We should be in for another good evening! binfieldgardenclub.wordpress.com, new members welcome to join in. Meanwhile, stay well and keep smelling the roses!

Sue Jeffery





BINFIELD TENNIS CLUB NEWS

The new season has started well with good use of the courts in spite of the wet weather.

The league teams have acquitted themselves well in their opening matches. The ladies team had a losing draw against Henley and the men likewise



against Caversham after their opening win against Riseley. The box leagues have proved popular with a good uptake from members. Sunday club sessions from 10.00 -12 noon are proving popular and it is hoped that the new Thursday evening session from 5.30-7.15 p.m. beginning on June 3rd will also be a hit with members. There is also a midweek club session on Wednesday mornings from 10.00-11.00 a.m. We would very much like to welcome new members to our club sessions where the emphasis is very much on being willing to play with players of differing standards. It is hoped that we will be able to organise club tournaments later in the season when hopefully Covid restrictions will have been eased. Please watch this space for an update and also on the club website https://clubspark.lta.org.uk/BinfieldTennisAssociation.

Tim Usher

ADVERTISING AVAILABLE office@binfieldcofechurches.org.uk







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www.plusthreenurseries.com Email: plusthreenursery@aol.com



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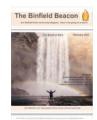
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What's been happening at Binfield CE Primary School (V.A.)?

Binfield C.E. Primary supports Binfield FC

Last month football fever hit Binfield and our children joined in the support for the team heading to the FA Vase Final at Wembley.

They took part in a poster design competition, wearing either the Binfield FC kit or their colours to school on Friday. They also recorded a special video for the players to wish them good luck, this can be seen on our Twitter page. https://twitter.com/Binfieldschool







Our new Trim Trail!

We are delighted that our children are now able to start using the new equipment installed during the holidays!











Outdoor Learning Space

With the recent improvement in the weather we have been able to have more lessons in our outdoor learning space (BOLE). This area is used for all subjects including maths, art, drama and PSHCE.













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Welcome back - we missed you . . .

The doors to Crema Coffee shop, opened in early December, well over 5 years ago. Happily and quickly, joining the Binfield village community. None of us ever imagined that five years later, we might be locked out of the very same doors for almost 12 months across various lockdowns. The team at Crema Coffee, in the heart of the village, are nothing short of delighted to be back. Bringing new skills with them too -

They have fond memories of time well spent at home - Jackie, whiled away the hours knitting, and mastered the tricky art of making socks. Emma, (a self confessed book worm too), learned

embroidery and crafted some truly intricate beauties. Lisa, has a passion for the piano, and as well as playing, she composed many of her own pieces too ... shame they don't have room for a piano at Crema really. Gabby grafted through her college work and skilfully began to create beautiful resin key rings.

After a brief cameo to support the smashing (awful pun, sorry) village Easter Egg Trail, on Monday 17th May, the doors swung wide again - opening up indoors and outdoors.



Offering all of the 'old' favourites like bottomless teapots, American style thick shakes and hand/home made bakes and cakes, as well as bringing some new, fresh ideas. A large seasonal outdoor seating area, the option to use an App (Squid Loyalty) to collect coffee reward points and generally improving the menu range and facilities.

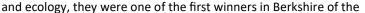


Outdoors, cyclists can now enjoy the 12-gap bike racks, free locks and even a modest selection of puncture repair kits.



Dogs have always been welcome at Crema - with their own fresh drinking water bowls, complimentary snacks (Bonio & gravy bones) and people drive miles for the ever popular Marshfield Farm, 'Scoops' dog ice cream. They do sell scrumptious organic ice creams for humans too apparently.

Community is important to all of us, even more so now and the focus at Crema has never been stronger. A mini, local, champion of forward thinking



"Plastic Free Awards", from 'Surfers Against Sewage', delighted to be the sole venue with no suggested changes.

Serving up an almost entirely Fairtrade or ethically sourced menu, organic options and locally sourced produce tend to be the backbone of the menu. The team there are always open to ideas and suggestions - particularly if that involves taste testing!

Open for the Summer - Monday to Wednesday 07.30 - 2.00, Thursday & Friday 07.30 - 4.00 and Saturdays 08.30 - 4.00.

Crema Coffee Shop - Terrace Road South, Binfield. Telephone 01344 566670. Follow them on facebook and/or Instagram for all the latest offers, top tips and fun.

Fiona Sharman



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Search for 'Binfield PCC' and select to support this cause!



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SUMMER IS HERE!!

We knew as soon as we got ourselves organised and opened up our inside seating that the sun would come out! What this has meant is that we have been able to slowly get used to our lovely customers venturing inside as the majority are enjoying all the new outside seating and parasols.

At the time of writing we are just about to have the Prime Minister confirm that this phase of 'unlocking' lockdown will be extended for a further 4 weeks. We will keep our new procedures in place inside until we are told that they can be removed:

- We ask that you always wear a mask inside unless you are seated.
- We will keep our visors on.
- We ask that one of your party comes up to the counter with your table number and orders and pays.
- We will bring your order to the table.
- There is a one way system in place when leaving.
- 1 toilet is available to avoid congestion. Please remain seated until it is available.

We are really hoping that this lovely weather lasts, but at least we are now ready for you if the rains come down!

Thanks for reading. We hope to see you soon! Claire

foxesden.co.uk fb.com/thefoxesdencafe 07919 448254 Benetfeld Road, Binfield. RG42 4EW

FOXY LUNCHES

If you are struggling to feed yourself or your family, please don't go hungry.



These lunch boxes are FREE and we can arrange to have extra supplies delivered if you need them. Call or email me in the strictest confidence and we will make sure that you have food on your table claire@foxesden.co.uk xx

In loving memory of Dot Green



The Binfield Mindfulness
Garden (incorporating
Spoonfield) is now fairly
established with a wide
variety of donated plants.
One such is a beautiful
yellow rose that has just
finished flowering. It was
planted by friends of Dot
Green from Thames Hospice,
Binfield: 'She loved life and
laughter'.

COMMUNITY ACTIVITIES

We are still desperate to get going with community activities. Rhyme Time is back! Monday mornings at 9.30am – outside, so weather permitting – please bring your own blanket.

The Nook is also being used by local crafters: The Craft Den on Tuesday and Thursday lunchtimes. This is a paid for activity that is booked through them. They mostly focus on card/paper craft.

We are also trying to work out if we can bring crafternooners and toddler crafts back as an outdoor activity.

Do you have any other suggestions for things we can make happen over here at the Den? Please get in touch: claire@foxesden.co.uk



BINFIELD CRICKET CLUB NEWS

Although we won't be able to host Party Bye the Pitch this year (hopefully back next year, bigger and better than ever), we do have a few highlights in July.

We see the return of the National T20 competition where our Broncos have 2 home fixtures. If you like fast paced cricket along with music and various sound bites then please pop along! We also see the start of the Women's XI Hardball season, along with the regular senior and junior fixtures throughout the month.

The bar will be running when games are on, there is plenty of space to relax, watch and enjoy – so we hope to see you soon

Andy Bryant - Chairman www.binfieldcricketclub.co.uk

JULY HOME FIXTURES

Date IT	Start	Team T	Opposition
2-Jul-21 6pm		Binfield Broncos (U19)	West Reading CC
3-Jul-21 1.00pm		1st XI	Eversley CC
4-Jul-21 10am		Under 13 Bears	Wokingham CC
4-Jul-21 1.00pm		Women's XI	Cookham Dean CC
6-Jul-21 6pm		Under 15's	Wokingham CC
7-Jul-21 6pm		Under 13 Unicorns	Slough CC
0-Jul-21 1.00pm		1st XI	Hurst CC
1-Jul-21 11.00am	1	Berkshire Stags VICC	Surrey VICC
12-Jul-21 6pm		Under 11's	Twyford & Ruscombe CC
4-Jul-21 6pm		Under 13 Bison	Shinfield CC
5-Jul-21 6pm		Under 9's	Sonning CC
7-Jul-21 1.00pm		2nd XI	Thatcham Town CC 2nd XI
8-Jul-21 1.00pm		Friendly XI	President's Day
0-Jul-21 6pm		Midweek XI	Eversley CC
1-Jul-21 6pm		Under 15's	Crowthorne & Crown Wood CC
2-Jul-21 6pm		Under 13 Bison	Twyford & Ruscombe CC
4-Jul-21 1.00pm		1st XI	Kidmore End CC
5-Jul-21 10am		Under 9's	Crowthorne & Crown Wood CC
25-Jul-21 1.00pm		Women's XI	Oxford CC
26-Jul-21 6pm		Under 13 Bears	Valley End CC
27-Jul-21 6pm		Midweek XI	Wokingham CC
8-Jul-21 6pm		Under 13 Unicorns	Wraysbury CC
9-Jul-21 6pm		Under 17's	Shinfield CC
0-Jul-21 6pm		Binfield Broncos (U19)	Wokingham CC
31-Jul-21 1.00pm		1st XI	Reading CC



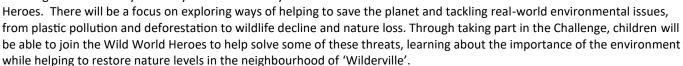
LIBRARY NEWS

We have been really pleased to welcome you back into Binfield Library. The good news is that there is currently no time limit for how long visitors to Bracknell Forest Libraries can stay, and advance

booking is no longer required for using public computers or using study tables. Also, visitors can now browse and choose children's picture books and board books, read printed newspapers and borrow printed magazines.

For the very latest news on library services please check our website: https://www.bracknell-forest.gov.uk/coronavirus-information-and-support/council-services/libraries-service-updates

Bracknell Forest Libraries will once again host the Summer Reading Challenge from Saturday 10th July. The theme this year is Wild World



If you're planning days out and UK getaways, don't forget you can borrow Ordnance Survey maps, travel books and walking and cycling guides from our libraries. Our largest travel collection is at Bracknell Library.

Anne Hayward



Binfield FC goes to Wembley

May 22nd 2021 will stick in the memory for a long time for your village football club. The game didn't pan out as we would have liked as far as the result goes, but we created a kaleidoscope of memories for many people.

The road to Wembley was complex, with the pandemic not helping the situation and every game to get there,

was played away. The players and staff travelled over 1,000 miles to get there and won through with immense character and determination.

The best bit for me was that the first game back for fans, our fans, our villagers, was at one of the world's iconic stadiums. We had a paltry number of tickets but we managed to get tickets to the alumni of the club and then made our members the priority. I'm sure people were disappointed in not being able to get tickets, but many volunteers worked many hours in order to get the tickets distributed.

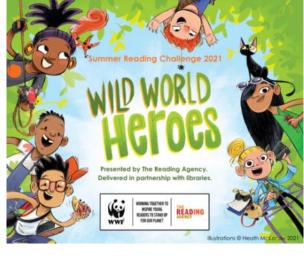
How wonderful it was for the players to come out at Wembley and hear fans, see fans, see a swathe of red, see flags waving and the vocal support throughout the game was

brilliant. At the end of the game, even though for the players it really hurt, they went over to the fans and got a rapturous welcome which will live in the memory for a long time.

On top of that, the support from the village as a whole should make everyone very proud. It showed, that even in the teeth of a pandemic, when people come together, it creates a wave of encouragement and well-being. The players still talk about the bus driving through the village and the obvious support, never to be forgotten.

What next? Mid preparation for Wembley, we were informed that we had been promoted to a higher level which will mean a step up in everything we do. Please, get along to Hill Farm Lane and take in a game and join in with us. It's your village and your local support is really appreciated. Thank you.

Bob Bacon











Rambler's Route

Do you fancy doing something adventurous this summer without leaving Bracknell? Well, how about walking some or all of the Ramblers Route?

The Ramblers Route is a 26 mile (42km) way-marked walking trail taking in some of the best bits of Bracknell Forest's countryside

(https://www.bracknell-forest.gov.uk/parks-and-countryside/outdoor-activities/countryside-walks/ramblers-route-long-distance-route). There is a connecting link from the Look Out to Easthampstead Park that means that you can do a 13 mile southern loop or a 19 mile northern loop if you want. If you like your walks a bit shorter you can even break it up into a series of sections of 8 miles or less and do these with the help of public transport.

I love the Ramblers Route and frequently incorporate sections of it in my walks. I tend to walk the whole thing at least once a year. It is amazing how many different types of countryside it takes you through, from tree-lined lanes to sandy heath, from farmland to landscaped parks. The Ramblers Route is also a great way of seeing some of the special nature that makes Bracknell its home because it visits all six of the habitat types that make up Bracknell Forest. For example, if you are walking the Bracknell Forest or Wildmoor Heath sections at dusk during the summer you may hear, or even see, the elusive nightjar (https://www.rspb.org.uk/birds-and-wildlife/wildlife-guides/bird-a-z/nightjar/).

The route also visits a number of historical sites and the accompanying leaflet tells you a bit about them (https://www.bracknell-forest.gov.uk/sites/default/files/documents/bracknell-forest-ramblers-route.pdf).

The Ramblers Route was established by Bracknell Forest Council and is maintained by them with the support of the other councils whose area the walk goes through. I am told that Bracknell Forest Council is still committed to the maintenance of the walk and that an updated version of the guide will be produced. At the moment there are a couple of sections where some of the signage (the distinctive three-headed arrow) has gone missing or is hidden by foliage, so make sure you have downloaded the map.



If you decide to do the whole thing in one go please make sure that you are suitably equipped.

Although the route is not strenuous there are sections that can be muddy and sections where you do not pass a shop, cafe or pub for some time. However, there are some lovely pubs on the route. There are also a couple of sections of road-walking including at least one short section on a busy road without a pavement.

I am sure that you will enjoy your adventures on the Rambler's Route and find parts of Bracknell Forest that you have never visited before. If you enjoy the Ramblers Route, you'll be glad to know it is not the only long-distance path that passed through or close to the parish. You could try the Wokingham Way, the Blackwater Valley Path or the Three Castles Path.

 $Binfield\ Environment\ Group\ can\ be\ contacted\ by\ email\ at\ binfieldeg @gmail.com\ or\ on\ Facebook.$

Mike Coker



Follow the link below to download this leaflet and complete Ramblers route guide https://www.bracknell-forest.gov.uk/sites/default/files/documents/bracknell-forest-ramblers-route.pdf



Bracknell Branch Update

The June 2021 meeting of the Bracknell RNA opened with a few of the members on a 'run ashore' and taking holidays in the beautiful English countryside. This included myself and as I walked through the picturesque barbican area of Plymouth, I hear the familiar call of the 'dockyard and warships' tourist boat trips being called to entice people to experience and learn about Plymouth's naval history, and it reminds me why I became an Associate Member of my local Bracknell RNA. This is the perfect way to feed anyone's desire to meet like-

minded people who are interested in Naval and Military stories, ways of life both modern and historical and, of course, comradery and friendship. Maybe you will join us as a member of the Bracknell RNA as all are welcome.

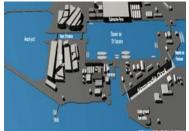
Vice Chairman S/M Mike Daley opened the formal meeting with 14 members present. All proceeded without a hitch, including reports from our affiliated Sea Cadet Unit in Maidenhead and our Committee Members. This was quickly followed by an excellent presentation by S/M Mike Milne on the St Nazaire Raid, and very fitting as we celebrate the 77th anniversary of the D-Day landings in June.





"The St Nazaire Raid or Operation Chariot was a British amphibious attack on the heavily defended Normandy dry dock at St Nazaire in German-occupied

France during the Second World War. The operation was undertaken by the Royal Navy (RN) and British Commandos under the auspices of Combined Operations Headquarters on 28 March 1942. St Nazaire was targeted because the loss of its dry dock would force any large German warship in need of repairs, such as Tirpitz, sister ship of Bismarck, to return to home waters by running the gauntlet of the Home Fleet of the Royal Navy and other British forces, via the English Channel or the North Sea".



If you want to learn more about events like this, or have some of your own stories or interests you would like to share with our members, then the Bracknell RNA is the place for you. Come along and help support the future of the Bracknell RNA and be part of our little community. For further information, please contact our Branch Secretary, S/M June Boddrell at secretary.bracknellrna@gmail.com or by telephone on 01344 311869.

Yours aye, S/M Marcus Carpenter

ONCE NAVY, ALWAYS NAVY



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Featuring a beautiful illustration of All Saints' Church, reproduced by kind permission of the artist, Lorna Minton. Available to buy from the Foxes' Den Café or email fundraising@binfieldcofechurches.org.uk All proceeds to the ARC Project





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WAITING ROOM OPENS AT 6.15PM

60 Minutes of Magic, Mayhem and Comedy!

An International Magician of the World Famous Magic Circle will be appearing (and disappearing!) for Binfield CE Primary School

> Ticket Price £10* for one Screen Link via Zoom for all the family plus entry into magic raffle!

Tickets available at Amigo's www.pta-events.co.uk/fobs

SATURDAY

Adopt a

growth mindset.

Change "I can't'

Write your

worries down and

save them for a

specific 'worry time'

www.amigosmagic.co.uk *50% of proceeds go to FOBS

Magic



SUNDAY

Find an action

you can take

to overcome a

problem or worry

11 Reach out to

someone you trust

and share your

feelings with them





RESILIENCE CALENDAR: JUMP BACK JULY





MONDAY

Avoid

saying "must"

or "should" to

yourself today

things go wrong,

be compassionate

to yourself

Notice

to come out of a

19

TUESDAY

6 Put a problem

in perspective and see the

bigger picture

Challenge

negative thoughts.

Find an alternative

interpretation

We can't control what happens to us,

but we can choose how we respond

WEDNESDAY

mood by doing

something you

really enjoy

goal and make it happen

If you can't

change it, change

the way you

think about it

THURSDAY Be willing to

ask for help when

you need it today

(and always)

Get the basics

right: eat well,

exercise and go

to bed on time

Go for a

walk to clear your

head when you

feel overwhelmed

Make a

FRIDAY

of things that you're looking forward to

Help someone in need and notice how that gives you

a boost too

16 When things get tough, say to yourself "this too shall pass"

23 Remember that all feelings

pass in time

4 Choose to see something good about what has gone wrong

Notice when you are feeling iudgemental and be kind instead

What's the best thing that can happen?

27 Write down

3 things you're

grateful for (even

if today was hard)

20 Ask yourself:

Catch yourself overreacting and take a deep breath

Think about what you can learn from a

recent challenge

30 Ask for help from a loved one or colleague.

31 Remember that you are not struggle at times



ACTION FOR HAPPINESS











actionforhappiness.org

Keep Calm · Stay Wise · Be Kind