

The Binfield Beacon

Your Binfield Parish Community Magazine - there's lots going on!



March 2022

Professional Help
is only a prayer away

This Month

Egg-Stravaganza – page 5

Easter Lilies – page 6

Barn Dance – page 7



Images by Matan Ray Vizel and Stocksnap from Pixabay

Our Mission is to help people follow Jesus and his teachings

Church Office: 01344 421079 office@binfieldcofechurches.org.uk facebook.com/allsaintswithstmarks
www.binfieldcofechurches.org.uk Produced by All Saints' with St Mark's Churches

SERVICES & DIARY

All services and groups are correct at the time of going to press, and will comply with government guidance, so may change depending on government advice. Any updates will be published on our website and facebook pages.

SERVICES

MARCH 2022

Wednesday 2nd March	7.30pm	ASH WEDNESDAY (A reflective communion service)
ASH WEDNESDAY		
Sunday 6th March	9.30am	Common Worship Communion
	11.00am	Informal All Age Baptism Service
Sunday 13th March	8.15am	Book of Common Prayer Communion
	9.30am	Common Worship Communion
Sunday 20th March	9.30am	Common Worship Communion
	11.00am	Informal Communion Service
Sunday 27th March	8.15am	Book of Common Prayer Communion
MOTHERING SUNDAY	9.30am	Common Worship Communion

APRIL 2022

Sunday 3rd April	9.30am	Common Worship Communion
	11.00am	Informal All Age Baptism Service

DIARY

MARCH 2022

Wednesday 2nd	9.00am	Wednesday Women's Walk
	7.00pm	Oasis Youth Group at St Mark's Church
Thursday 3rd	7.00pm	Choir practice at St Mark's Church
Saturday 5th	7.45am	Men's Monthly Walk
Wednesday 9th	7.00pm	Oasis Youth Group at St Mark's Church
Thursday 10th	7.00pm	Choir practice at St Mark's Church
Sunday 13th	10.45am	Whizz Kids at St Mark's Church
Wednesday 16th	9.00am	Wednesday Women's Walk
	7.00pm	Oasis Youth Group at St Mark's Church
Thursday 17th	7.00pm	Choir practice at St Mark's Church
Sunday 20th	10.45am	Whizz Kids at St Mark's Church
Tuesday 22nd	12 noon	Silver Service at St Mark's Church
Wednesday 23rd	7.00pm	Oasis Youth Group at St Mark's Church
Thursday 24th	7.00pm	Choir practice at St Mark's Church
Sunday 27th	10.45am	Whizz Kids at St Mark's Church
Wednesday 30th	7.00pm	Oasis Youth Group at St Mark's Church

APRIL 2022

Saturday 2nd	7.45am	Men's Monthly Walk
Thursday 7th	7.00pm	Choir practice at St Mark's Church



Choir Practise - Thursdays

7pm to 8.15pm at St Mark's Church

We sing on Sundays at the 9.30 service at All Saints'.

You do not need to commit to come every week

For more information contact Michael Hawkins (01344 411681)



**Children's
Sunday Group at
St Mark's Church**
10.45am -
12.15pm

For children of school
years 1-6

Every Sunday

(during term time except the
1st Sunday of the month)

**ARTS & CRAFT, GAMES AND
MUCH MORE!**

Email daisyridell@gmail.com
for info



**Wednesday Girls'
Group at
St Mark's Church**
7pm - 8.30pm

Oasis is open to all girls in
school years 7-11

Every Wednesday during
term time

**Come along for games, craft,
general socialising and lots of
talks and activities**

Email daisyridell@gmail.com
for info



As COVID is still rampant,
particularly amongst the young
here in Bracknell Forest, we feel

it would be unwise to restart 3G just yet. Again it is
disappointing but we wish to ensure the safety of
everyone. Take care, stay safe.

Jan Watts and Team

MEN'S MONTHLY COUNTRY WALK

**DATES: Saturday 5th March and
Saturday 2nd April**

The Men's Monthly Walk takes place on the 1st Saturday
of each month. We start at 7.45am from the car park at
Oakmede Shops. The walk lasts approximately 1 hour.

Be ready for all weathers!

For more information contact Kim Swain
on 07894 469633 or kim.swain1@gmail.com

WEDNESDAY WOMEN'S WALK



A gentle 2-3 mile walk (which takes
about an hour) in and around
Binfield village, for women of mixed ages and abilities.
Usually on the 1st and 3rd Wednesday of the month.
The walks go ahead in all weathers and normally start at
9am from outside Foxes' Den Café and finish there around
10am for a coffee.

2nd Mar - 9am meet Foxes' Den
16th Mar - 9am meet Foxes' Den
6th Apr - NO WALK
20th Apr - 9am meet Foxes' Den

For more information
contact either:
Gisele on 07724 889169
Claire on 07912 746289

THE SILVER SERVICE

A traditional short service designed and led by our retired
congregation members followed by a delicious
homemade lunch at St Mark's Church.

Tuesday 22nd March at 12 noon

*If you need a lift, please call
Beverley on 07704 437207*

PLEASE NOTE: The articles in this magazine reflect the personal opinions of the writers and not necessarily those of the Editor or Editorial Team. Furthermore the Editorial Team are not responsible for any errors of fact printed in the magazine. Goods and services advertised in this magazine are not endorsed but readers utilising these facilities retain their statutory rights.

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A MESSAGE FROM YOUR RECTOR



Answered Prayer

A mother was getting a pie ready to put into the oven when the phone rang. It was the school nurse. Her son had come down with a high fever and would she come and take him home?

The mother calculated how long it would take to drive to school and back, and how long the pie should bake, and concluded there was enough time. Popping the pie into the oven, she left for school. When she arrived, her son's fever was worse and the nurse urged her to take him to the doctor.

Seeing her son like that—his face flushed, his body trembling and dripping with perspiration—frayed her, and she drove to the clinic as fast as she dared. She was frayed a bit more waiting for the doctor to emerge from the examination room, which he was now doing, walking toward her with a slip of paper in his hand.

"Get him to bed," he told her, handing her the prescription, "and start him on this right away."

By the time she got the boy home and in bed and headed out again for the shopping mall, she was not only frayed, but frazzled and frantic as well. And she had forgotten about the pie in the oven. At the mall, she found a pharmacy, got the prescription filled and rushed back to the car. Which was locked. Yes, there were her keys, hanging in the ignition switch, locked inside the car. She ran back into the mall, found a phone, and called home. When her son finally answered, she blurted out, "I've locked the keys inside the car!"

The boy was hardly able to speak. In a hoarse voice he whispered, "Get a wire coat hanger, Mom. You can get in with that."

She began searching the mall for a wire coat hanger—which turned out not to be easy. Wooden hangers and plastic hangers were there in abundance, but shops didn't use wire hangers anymore. After combing through a dozen stores, she found one that was behind the times just enough to use wire hangers. Hurrying out of the mall, she allowed herself a smile of relief. As she was about to step off the curb, she halted. She stared at the wire coat hanger. "I don't know what to do with this!"

Then she remembered the pie in the oven. All the frustrations of the past hour collapsed on her and she began crying. Then she prayed. "Dear Lord, my boy is sick and he needs this medicine and my pie is in the oven and the keys are locked in the car and, Lord, I don't know what to do with this coat hanger. Dear Lord, send somebody who does know what to do with it, and I really need that person NOW, Lord. Amen."

She was wiping her eyes when a beat-up old car pulled up to the curb and stopped in front of her. A young man, twentyish

—looking, in a T-shirt and ragged jeans got out. The first thing she noticed about him was the long, stringy hair, and then the beard that hid everything south of his nose. He was coming her way. When he drew near, she stepped in front of him and held out the wire coat hanger. "Young man," she said, "Do you know how to get into a locked car with one of these?"

He gaped at her for a moment, then plucked the hanger from her hand. "Where's the car?"

She had never seen anything like it—it was simply amazing how easily he got into her car. A quick look at the door and window, a couple of twists of the coat hanger and bam! Just like that, the door was open.

When she saw the door open she threw her arms around him. "Oh," she said, "the Lord sent you. You're such a good boy. You must be a Christian."

He stepped back and said, "No ma'am. I'm not a Christian. And I'm not a good boy. I just got out of prison yesterday."

She jumped at him and hugged him again—fiercely. "Bless God!" she cried. "He sent me a professional!"

Would you have seen the young man as God answering your prayer? The Bible encourages you to pray about everything, it says this in the Philippians chapter 4 verse 6. *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.* Are you paying attention when God answers your prayer?

Story written by Ronald Dunn and taken from <https://joemckeever.com/wp/ron-dunns-prayer-stories/>

Luke

From the Registers:



Baptisms

Samuel Oliver Joseph Owen



Thomas William Patrick Owen



Tribute to Jan Vigar from Revd Owen Blatchly

The Reverend Owen Blatchly, previous Rector of Binfield, is very sorry that Jan has died:

"I know how much she was looking forward to living closer to her daughter, but as we all know that was not to be. I know how much she missed Dennis. I have been a widower since 2014, when Beryl died. Now in my widowhood my faith teaches me. At funerals I always quote: Love doth not die and truth and beauty are mightier than death."

Jan had given Owen and Beryl a plaque saying "*Plenty of Grace be to this Place*", which is outside his house in Cornwall.

CONTACT US: 01344 421079 office@binfieldcofechurches.org.uk

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Revd Luke Taylor
07939 526361
lukethevicar@gmail.com
(Friday is Luke's day off)

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We are also on Facebook
facebook.com/AllSaintsWithStMarks

The Church Office is sited in St Mark's Church

St Mark's Church

Popeswood Road
Binfield RG42 4AH

All Saints' Church

Church Hill
Binfield RG42 5NS

PLEASE LET US STAY IN TOUCH!

We would like to improve our communication with everyone in the village and congregation. To do this we need to keep our contacts database up to date.

We have a new privacy policy in line with the new GDPR rules on our website.

If you would like to sign up to receive emails from

Pastoral Care Visiting Team - need a friend?



In All Saints' and St Mark's Churches we have a small pastoral care team who are happy to visit and befriend the people of Binfield. So, if you have recently moved to the area and don't know many people; if your family live far away; if you are a Mum at home with a baby and would like adult company; if you find it difficult to get out or just fancy a friendly chat over a cup of tea, please get in touch with one of us. You don't need to be a member of the church, just enjoy some company occasionally!

Jane Aylwin	tel. 481692
Jill Hanson	tel. 452694
Margareta Hawkins	tel. 411681
Sarah Muller	tel. 428782
Gisele Taylor	tel. 07724 889169
Dave Dawson	tel. 360389

*Or contact the church office on 01344 421079
or email office@binfieldcofechurches.org.uk*



Bereavement Support Team

We will all suffer loss, grief or bereavement at some time in our lives, mainly through death, but also in other ways such as relationship breakdown, loss of a job, or sudden disability. The Bereavement Support Team are not counsellors, but can offer support and companionship if you are suffering a loss of any kind. There is no charge for a visit. All support team members have ID badges.

Friday Morning Bereavement Group Coffee Morning

Foxes' Den Café on Fridays 10.30am – 11.30am
(term time only)

Peer to Peer support open to anyone dealing with grief. It is not a counselling group, just a friendly get together over a drink.

If you would like to talk to a member of the team, in confidence, please contact Liz Hall
for more information orinocco@hotmail.co.uk /07850 799434
or Margareta Hawkins 01344 411681

CAN YOU HELP?

All Saints' Church Sunday Service Rotas

We are looking for help on a Sunday morning with:

Welcoming Reading Prayers

Refreshments after the services

To find out more or be added to one of these rotas please contact Hayley at the Church office on 01344 421079 or email office@binfieldcofechurch.org.uk.

**Praying for and with you**

We have weekly prayer sheets — please email office@binfieldcofechurches.org.uk if you would like something to be included.

**St Mark's Church Hall**

Available for booking.

Please contact the church office on 01344 421079 or email office@binfieldcofechurches.org.uk for more information or to make a booking.

CHILDREN AND YOUTH

Hey Everyone,

We hope you had a great half term and are ready for spring! We've got lots coming up for the kids and youth so read on to find out more.



At Whizz Kids we've been continuing our theme of 'God is...', where we learn all about the attributes of God and what makes Him so amazing. This month we found out that God never changes, and he is faithful! We've also been enjoying playing huge games of hide and seek in the Church, and playing sports and making craft too.

Coming up at Whizz Kids we have an Easter Egg-stravaganza on 5th April, which will be available for all children in school years 1-6. This will be a fun filled day with games, interactive stories, biscuit decorating, craft, sports and more! This is open to anyone whether you've been to Whizz Kids before or not, so please do email Daisy for more information or to book your child on.

Oasis

Oasis has continued to meet weekly on Wednesday evenings, and this term we are looking at challenging our thoughts and combatting feelings of anxiety. We've reflected on what makes us feel worse and what is helpful, and thought of some steps we can take to overcome these negative feelings when they arrive. We also spend our sessions playing games, eating toasties and hanging out, and we recently played capture the flag with glowsticks at night!

We are also planning to have a social event for Oasis in April, which we will vote on over the next few sessions to see where we go. Oasis is open to girls in school years 7-11 so feel free to come along and check it out.

We hope you have a great month and look forward to seeing you soon!
Daisy - Children's and Youth Worker (daisyridell@gmail.com)



OASIS YOUTH GROUP

For girls in school years 7-10

A SPACE TO HANG OUT, PLAY GAMES, AND TALK ABOUT LIFE AND FAITH

St. Mark's Church, Wednesdays 7:00-8:30pm

CONTACT DAISYRIDELL@GMAIL.COM

WHIZZ KIDS EASTER EGG-STRAVAGANZA



JOIN US ON TUESDAY 5TH APRIL FOR A DAY OF FUN AND FAITH

INCLUDING GAMES, CRAFT, INTERACTIVE BIBLE STORIES, DRAMA, AND BISCUIT DECORATING!



St. Mark's Church
9:30am-12pm
£3 per child, £2 per sibling



Please email daisy for more info or to book your child in! daisyridell@gmail.com

CHURCH NEWS



EASTER LILIES

Each year at Easter, we have had a display of lilies in All Saints' Church, and the names of family and friends that are no longer with us, displayed on a scroll with the flowers.

Inspired by the late Jan Vigar, this poignant way to honour our loved ones, will continue as Jan's legacy.

Easter is a time when we think about how the resurrection gives us hope. God has promised us eternal life and He has prepared a place for each one of us in His kingdom where we will meet our loved ones again one day.

If you would like to include the name of a loved one who has died, please email the Church Office office@binfieldcofechurches.org.uk by Sunday 10th April.

This year, we will be starting a new list of names, so even if you had people on the list before, please make sure you let us know, otherwise they will not be included.

(There will be a new list each year, so please make sure you tell us each year)



Voluntary donations would be very much appreciated and will be put directly into the flower arranging budget.



Donations via BACS please ref: **FLOWERS**
Cash donations can be dropped off at the office,
(Please add a note that it is for FLOWERS)

If you require any more information please contact Liz Hall 07850 799434

Easter Service Times

at All Saints' Church

Maundy Thursday

Thursday 14th April, 7.30pm

(A reflective Communion Service)

Good Friday

Friday 15th April, 2pm

An Hour at the Cross

(A meditative service)

Easter Sunday

Sunday 17th April

9.30am and 11am*

(Celebration with Communion)

*Children's Egg Hunt
after the 11am service

Binfield Church Fete 2022

**We think it would be an amazing thing if
the much loved Binfield Church Fete
actually happens this year!**

The event is penciled in to take place in
September, but in order to make it happen
we need some more hands on deck.

If you would be willing to join our team, or
particularly if you'd be happy to coordinate
things, please get in touch so we can kick off
the planning and bring back a fun, family
day for the village!

[email binfieldchurchfete@gmail.com](mailto:binfieldchurchfete@gmail.com)

FUNDRAISING NEWS



Help Fund Us!

We have had a great start to the year with our **GoFundMe** campaign, raising money for improvements at the Binfield Cemetery. We are very grateful for the donations which have already come in and would really appreciate any contribution anyone can make.

A big thank you to Avocado Property for their help and especially for the fantastic video they made to highlight what are aiming to do! Please check it out, especially if you have never had the occasion to visit the space before. We will keep you posted on progress as we start work on the paths and making the area more accessible.

Events and Activities

We hope you've found a partner ready to do-se-do at our family **Barn Dance!** Taking place on **Saturday 12th March** 6-10pm at St. Mark's church, with music led by the Scamping Rogues and Daisy's Youth groups fixing to make the venue look the part! Check our website for more information and to purchase tickets. Bring your kids and friends along!

We are also planning on running our **Easter Plant Sale** and would really appreciate any donations of plants and cuttings to help make this a success.

Finally for now, we are also looking at holding another **Binfield Doorstep Sale Trail** in April. Keep an eye out for a confirmation of the date and how to get involved!



Fundraising for the Binfield Cemetery

To find out more and to donate, please go to:
gofundme.com/f/binfield-cemetery-fundraising



SCAN ME

Easter Plant Sale

Saturday 9th April until
Sunday 17th April 2022

at The Foxes' Den Cafe, Binfield
during opening hours

Please get in touch if you are able to
make any donations of plants or cuttings.
fundraising@binfieldcofechurches.org.uk



All proceeds to the Church Care Project



How to donate or fundraise:

We would really appreciate your donation; however big or small, it will all help!

- **Cheque:** send a cheque to the church office. Please make sure it's made payable to "**Binfield PCC**". Please write '**Church Care**', '**General Funds**', '**Lighthouse**' or where you would like your donation used on the back and include your name and address if you are a UK tax payer so that we can claim Gift Aid.
- **BACS:** Name: Binfield PCC, Account Number: 80175528, Sort Code: 20-11-74
Please add **your name + a reference (as above)** if you would like to specify where your donation goes.

Don't forget to Gift Aid it if you are a UK Tax Payer - this will add an extra 25% to your donation!

Contact the church office for more details, or see the church website more information and other ways to raise money!

Shop and raise funds at smile.amazon.co.uk and easyfundraising.org.uk: search for Binfield PCC



With many thanks from the Fundraising Team:
www.binfieldcofechurches.org.uk

fundraising@binfieldcofechurches.org.uk
www.facebook.com/AllSaintsWithSt.Marks

The Parochial Church Council of the Ecclesiastical Parish of Binfield: Registered Charity No: 1149382

COMMUNITY NEWS



Introducing the Anne Robson Helpline - If you or someone close to you is dying, you can talk to us.

At the Anne Robson Trust we aim to be there to listen to anyone who is struggling with the imminent death of someone they care about. We know that facing the end of life can leave you isolated and alone.

Calls are free and confidential – **Call us on 0808 801 0688**

Being able to access support whilst a loved one is dying is really important for a number of reasons. Gaining knowledge of what may happen towards the end and having a sense of 'preparedness' helps both the person dying and their family gain as much control as possible.

Please visit www.annerobsontrust.org.uk/helpline-service to find out more.

Suzanne Brown



Bracknell Choral Society - celebrating a return to singing in 2022

Following the success of our live comeback concert last autumn after eighteen months of singing online, Bracknell Choral Society is welcoming the new year with a spring concert, **A Glorious Celebration**, which comprises a selection of joyful baroque and classical music.

The programme consists of Vivaldi's uplifting and ever-popular *Gloria*, Haydn's beautiful *Little Organ Mass*, Purcell's *Welcome To All Pleasures*, an ode to celebrate St Cecilia, the patron saint of music and Monteverdi's motet *Cantate Domino*. The latter piece was often used in Easter celebrations and has been arranged by our accompanist Nick Austin.

The concert takes place on **Sunday March 13th** in the **Salisbury Hall, Newbold College, Binfield RG42 4AN**, starting at **6pm**. The musical director is **Greg Hallam** and the soloists are **Danni O'Neill**, soprano and **Felicity Buckland**, mezzo-soprano. The choir will be joined by the orchestra, the **British Sinfonietta** and the organ will be played by **Nick Austin**. Tickets cost **£15 (accompanied under -18's free)** and can be bought via our website www.bracknellchoral.org.uk or from choir members.

The choir is looking forward to busy programme for the rest of the season, including a recording session and a summer concert, **Songs for a Summer Evening**, including *'A Bunch of Flowers'* by **Nick Austin** at Lambrook School, Winkfield Row on July 15th.

BRACKNELL CHORAL SOCIETY

A Glorious Celebration

Vivaldi - Gloria
Haydn - Little Organ Mass
Purcell - Welcome to All the Pleasures
Monteverdi - Cantate Domino

Bracknell Choral Society
Conductor: Greg Hallam
British Sinfonietta
Soprano: Danni O'Neill
Mezzo-Soprano: Felicity Buckland
Organ: Nick Austin

Sunday 13 March 2022, 6.00pm
Salisbury Hall, Newbold College
St Mark's Rd, Bracknell RG42 4AN

Tickets £15 / accompanied under 18s free
Tickets from www.bracknellchoral.org.uk or choir members

Absolute Music Services | BRACKNELL CHORAL SOCIETY | British Sinfonietta | making music



Party 'Bye' The Pitch Saturday 2nd July 2022 4pm – 10pm

1st Binfield Scouts and Binfield Cricket Club are very pleased to announce that "Party Bye the Pitch" will be back at the Cricket Club this year. Live Music, BBQ, Licensed Bar, Fete Stalls, Children's Entertainer and more!

Put the date in your diary now!

Tickets on Sale in June. More details to follow soon.

@PartyByThePitch
www.facebook.com/partybythepitch
partybythepitch@gmail.com



Environmentally aware—The Binfield Beacon is printed in the UK on paper manufactured to ISO14001 standard in a European Mill. The paper is FSC approved, ECF acid and chlorine free, biodegradable and sourced from a UK Merchant who is part of the Woodland Trust which helps plant more trees to reduce carbon footprint. Printed using vegetable oil based inks. Please do your part to help the environment by passing on your magazine to others or recycling it responsibly. **Thank you.**

COMMUNITY NEWS



The Lighthouse program remains a critical service for so many in our immediate area. Numbers of those in need of food and basic essentials are on the increase, with an additional 5 adults just in the last week. We are supporting approx. 40 heads in total and 5 dogs! We continue to deliver home cooked meals to our client base as opposed to meals onsite at St Marks.

Newbold Church also deliver foods to the client base over a weekend.

Waitrose awarded us a share of their "Community Matters" funding which will cover food ingredients for 3 weeks, some 450 meals. THANK YOU.

I will be stepping down as the Lighthouse Coordinator at the end of March, though will stay involved as a cook on a weekly basis. I will be returning to the office for my day job, which is based in Paddington and as such I simply will not have the time to dedicate. I am looking for a replacement to train with immediate effect, though the role could be split into component parts. Essentially there are some administrative tasks, coordination with the clients, cooks and drivers. There's also a planning element for the meals ie food shopping and

delivery to the cooks. We also have a need for additional drivers on a Tuesday evening, approx. 1 hour between 5pm and 6pm (flexible) to deliver the food parcels to our clients in the Bracknell area.

Please note we are unable to accept any bedding or clothing. The same applies for any bric-a-brac.

NEEDED:

- **Drivers for an hour on Tuesday evenings – circa 5pm – 6pm**
- **Volunteers for administrative / coordination roles – 2 hours a week**
- **Volunteers for shopping on a Friday or Saturday morning – 2 hours a week**

A huge thank you to our strong volunteer base and ongoing support from Danetti furniture - Take a look at the wonderful furniture @ www.danetti.com

For further information
contact Amanda.thrower@hotmail.co.uk



THE BINFIELD BELLES

I think we are on the way up and the Binfield Belles, at the time of writing will be meeting this week for their first meeting of 2022.

Unfortunately the January meeting was cancelled and so was the New Year lunch but we will all be singing Jerusalem on Thursday night just like those ladies in November 1918 who sang in this village for that first meeting.



We still have those first precious note books all handwritten. Losing Jan this year made me look at the archive to see what memories of her lie inside and we are putting some bits together to do a small tribute within the group. A lovely funeral and afternoon tea in a box with a teabag, for those in the congregation who couldn't attend the wake, to enjoy at home and remember Jan.

Memoriesget locked away in a small box in our brain and some pop out unexpectedly when we aren't expecting it. I have plenty of them over the last 6 years as President of this lovely WI. I am hoping to give the mantle to a new lady to take our flourishing group on over the next few years. I have loved every moment, fretted over it, dreamt about it, shouted, laughed and cried. Made loads of new friends, revived old ones and created havoc at times.

It will be our AGM in March and fresh faces can be added to our committee alongside those experienced ones, it's always a time of change, time for new blood to come in to our group

We have lots in place for the next few months including the V and A trip to the see the Faberge exhibition in London, South Hill Park theatre night with Pam Ayres and Brooklands visit, a charity walk in Virginia Water to raise funds for our WI women of the world charity, supporting projects abroad.

International Women's Day focus on equality this year, we spoke up as a women's group for equality at the time of the suffrage movement and equal pay many years ago. We have planned a visit to Greys Court, home of Lady Brunner who was Chairman of the National Federation of Women's institutes in 1951. Keep Britain Tidy was one of her many involvements.

Platinum Jubilee celebrations are afoot and a project to decorate the diamond in the village in the purple and silver has the craft group thinking!

A Platinum summer lunch with old favourite Coronation Chicken on the menu and after lunch hopefully Lady Muir who was attendant to Her Majesty on that Coronation Day. Will the girls come up with a pudding to match the event lets wait and see.

As I said our AGM is in March with some light entertainment... We still have a waiting list and restricted numbers in the hall, however you can still pay us a visit on the night or call me.

Linda Willcocks
01344 454503/07708 731294 binfieldwi@berkshirewi.co.uk

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BAG 2 SCHOOL COLLECTION

DATE: THURSDAY, 5TH MAY 2022

**WHERE: PARISH COUNCIL OFFICE CARPARK,
BENETFELD ROAD**

FOBS are holding a Bag2School Clothing Collection to help **YOU** declutter and at the same time raise money for **Binfield C of E Primary**.

Please bring your items already bagged between **8am and 10am** on
Thursday, 5th May 2022 to the **Parish Council Car Park on Benetfeld Road**.

To adhere to current COVID-19 safety guidelines, you will need to unload your bags into the designated area yourself, please maintain social distancing and do not attend if you are displaying COVID-19 like symptoms.

Bag2School accept the following 'good quality' items only for re-use:

- Men's, Ladies' and Children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats and Belts
- Bags
- Scarves and ties
- Jewellery
- Lingerie and Socks
- Soft toys (no plastic please)
- Household linen
- Household curtains
- Household towels
- Household bedding (bed sheets, pillow cases and duvet covers)

They DO NOT accept:

- Duvets and blankets
- Pillows and cushions
- Carpets, rugs and mats (including bath, shower and toilet mats)
- Soiled, painted, ripped or wet clothing
- School uniforms with and without logo
- Corporate clothing and workwear
- Textile off cuts, yarns or threaded material

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Mindful March 2022

MONDAY



TUESDAY

1 Set an intention to live with awareness and kindness

WEDNESDAY

2 Notice three things you find beautiful in the outside world

THURSDAY

3 Start today by appreciating your body and that you're alive

FRIDAY

4 Notice how you speak to yourself and choose to use kind words

SATURDAY

5 Bring to mind people you care about and send love to them

SUNDAY

6 Have a 'no plans' day and notice how that feels

7 Take three calm breaths at regular intervals during your day

8 Eat mindfully. Appreciate the taste, texture and smell of your food

9 Take a full breath in and out before you reply to others

10 Get outside and notice how the weather feels on your face

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 If you find yourself rushing, make an effort to slow down

19 Appreciate nature around you, wherever you are

20 Focus on what makes you and others happy today
dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Cultivate a feeling of loving-kindness towards others today

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



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COMMUNITY NEWS



BINFIELD GARDEN CLUB

At last! The long awaited return to the Memorial Hall for our February meeting!



There was a quiet buzz (pardon the pun!) of anticipation as we welcomed Jo Eddon who came to tell us "All about Honey Bees". We were well rewarded with an interesting insight

into the life of the honey bee and the care which Jo and husband Nigel provide. Together they run "Honeys of Henley" a thriving local business in which they use their knowledge, passion and care to collect and process honey using traditional methods. Jo told us how she talks to the bees as a way to keep herself (and the bees) calm but always wears a beekeepers suit to protect herself just in case. She described Nigel as a Bee Whisperer who preferred not to wear the protective suit.

The bees live in hive colonies called apiaries in various locations so they can collect nectar from a wide range of plants throughout the Chilterns and Thames Valley area. This includes wild flower meadows, orchards, soft fruit farms and vineyards. They prefer to fly just 150 to 750 yards from their hive but are known to go as far as 3 miles. If nectar sources become scarce they may even travel further afield.

Jo brought with her a hive to show us the inner workings and explained where the bees stored the nectar while it turned into honey on frames of wax sheets. It is the excess honey left

over after nurturing developing new bees that is harvested and put into jars for sale. The process is entirely natural and the only treatment used is filtering to remove any wax debris during the extraction process. We had the opportunity to buy some honey – set or runny - which proved very popular and also candles made from old wax melted down.

This was a most enjoyable and very positive start to our ongoing season of meetings and talks which we hope will continue to be held in the Memorial Hall. The next meeting is on **3rd March** with speakers Angela & Graham O'Connell from the National Gardens Scheme on "The Perils and Pleasures of opening your Garden".

As always we are delighted to welcome new members and visitors so if you would like more information please see our website at: binfieldgardenclub.wordpress.com or email Roland at wal1@btinternet.com

We look forward to seeing you.

Elaine McTaggart



The BINFIELD 10K

Have you entered yet?!

There is still time to get training! There are now less than 150 places left with over 700 runners already signed up and we have sold out every year – so get onto www.binfield10k.co.uk and enter online or download the entry form asap! This year you can also purchase a Binfield10k T-shirt before the day – please send us your 'in-training' selfies for our social media @binfield10k!

This is the 5th time we have brought together so many local clubs, groups, businesses and people to make this great event happen. There is a lot of hard work going on behind the scenes by our fab committee – from sorting out road closures to organising bananas! But we can't do it without you! We need 60+ volunteer marshals to cheer our runners on and to keep them safe – please email volunteer@binfield10k.co.uk if you can spare a couple of hours on a Sunday morning!

We are all working so hard to make this event work and our lead beneficiary this year is the Thames Valley Air Ambulance. We are very proud to support this worthy cause and we are looking forward to helping them get involved this year!

enquiries@binfield10k.co.uk www.binfield10k.co.uk

10am Sunday
22nd May 2022



COMMUNITY NEWS



News from the Parish Office – March 2022

Binfield Parish Council upcoming meetings:

Covid guidelines will be adhered to for all Binfield Parish Council and Committee meetings. Please check the Parish Council's website for any guidance that members of the public should follow when attending meetings.

March 2022

Tuesday 08 March	Parish Council	8pm
Saturday 12 March	Councillor Drop-In Session (The Foxes' Den community cafe)	10am – 12pm
Thursday 17 March	Annual Parish Meeting (The Foxes' Den community café)	8pm
Tuesday 22 March	Planning and Transportation Committee	8pm

Could you be a Parish Councillor?

There are currently two vacancies to be filled by co-option and we would welcome applications from any interested parties. Please visit the Parish Council website to check application criteria, find out how to apply, and more about the role of a Councillor: <https://www.binfieldparishcouncil.gov.uk/parish-councillor-vacancies>

New Face at the Parish Office

Welcome to Ceri Rance, the new Parish Clerk. Ceri is a resident of Binfield and has previously worked in Binfield Primary School. She will be at the office and at parish meetings so please drop by to say hello.

Annual Parish Meeting – 17 March 2022

The meeting this year will be at the Foxes' Den café starting at 8.00pm. Councillors will be there to present on the year and to answer your questions. There will be an up date on the community consultation (see below) and a presentation by Abby Thomas and Rajesh Sinha from Bracknell Forest Council on the Blue Mountain Community Facilities plan. The parish have agreed in principle, subject to agreeing appropriate contractual and financial arrangements with Bracknell Forest Council, to take on the day to day running of the proposed community at Blue Mountain facility. Come and hear the initial plans.

Community Consultation

The parish council have agreed to carry out a feasibility study for land to the west of the existing Binfield Cricket Club to see if new sporting pitches and facilities can be added here. The community consultation is under way and we have contacted all local organisation or groups. If you haven't been contacted and wish to be involved please email the office using the contact details below.

Platinum Jubilee 2022

2022 marks the Platinum Anniversary for HM The Queen, commemorating 70 years on the throne. This is a landmark milestone and, as a nation, there will be lots of celebrations. A Working Group has been established by the Parish Council and we are seeking community groups to be involved, if your group would like to be involved then please get in touch using the information below. The event will be a 1950's Jubilee party on Saturday 4th June at Farley Wood 3-9pm.

Dogs

Thanks to the majority of dog walkers who keep to the rules within the open spaces. Dogs must be kept on a lead on Foxley Fields and Silver Jubilee but can be off their lead at Wicks Green. Please ensure that you clean up after your dog, which means disposing of dog waste bags in the litter bins too. When walking through residential areas please respect the residents boundaries by keeping dogs off lawns, gardens and drives.

Salt bin provision from the Parish Council for use on public roads

If we do experience freezing conditions this winter, please note that salt bins are available for you to use on public roads. This provision is part of the Bracknell Forest Highways Winter Service Plan 2021-22, which can be viewed at: <https://www.bracknell-forest.gov.uk> ('Roads, parking and transport strategies and policies' web page).

Ceri, Amanda, Purveen, Tracey and Alisa

01344 454602 Binfield Parish Council at the Parish Office, Benetfeld Road, Binfield, RG42 4EW

Parish Office opening hours: 8.45am-1pm Monday to Friday

office@binfieldparishcouncil.gov.uk

www.binfieldparishcouncil.gov.uk

COMMUNITY NEWS

The Foxes' Den

COFFEE FOOD COMMUNITY



Spring is Marching in...

The days are getting longer and the bulbs are bursting through the winter mud. Our Mindfulness Garden is starting to come back to life. We have had a bit of a cull of the zombie spoon inhabitants of Spoonfield to make way for new residents; so if you are looking for a fun activity with your little ones or grown-ups, please get creative and add to our inhabitants – but please try and make them weatherproof (maybe varnish the spoons)!

February saw us try our first 'Love Binfield' meet up – however, at the time of writing it still hasn't happened, so I don't have any feedback yet! We are really hoping that it will be a great way to get like-minded folks together to work for Binfield... if you are interested in finding out more please join fb.com/groups/lovebinfield I will put more updates about our activities here as we discuss them.

FEATURED GROUP: Something that has been happening over the past 2 half terms in the Den is the fabulous new Binfield Community Choir. We meet on Monday evenings during term time and if you are on FaceBook do look us up as we have been making some very nice sounds! If you'd like to give it a go there were a couple of spaces at the end of February to get us up to 60! This term we have been learning 'Something inside so strong' and 'You gotta be'

If you have more ideas for community sessions please get in touch!
Claire x

foxesden.co.uk fb.com/thefoxesdencafe 07919 448254
Benetfeld Road, Binfield. RG42 4EW

FOXY LUNCHES

If you are struggling to feed yourself or your family at any time, please don't go hungry. These lunch boxes are **FREE** and we can arrange to have extra supplies delivered if you need them. Call or email me in the strictest confidence and we will make sure that you have food on your table. Claire xx
07919448254
claire@foxesden.co.uk



Sunday Superstars Wanted!

Would you like to join our fab Foxy team?

Our weekends have been getting busier and busier and we are now at the point where we need at least 4 members of staff to keep the coffees and poached eggs flowing. We are looking for caring, responsible, hard-working over 18 year olds to join us. There may be 3 positions to fill depending on the successful candidate(s) as this could be a job share if you can only commit 2 or 3 Sundays (& possibly Saturdays) a month. Full training will be given. Please note this is a physically demanding job, where being on your feet all day, initiative and multi-tasking skills are essential.
£7.20-£11.20 / hr

Even if you have previously sent us your cv or expressed an interest in joining us, please do get in touch again as we do not know if your circumstances have changed:
claire@foxesden.co.uk – Closing date: 25/3/22

Board Games Night is back!

Come along on the last Sunday of the month with your friends/family and your favourite games (bring your own refreshments too if you want to) we will have some games.
7.30pm-9.30pm – see you there!



The Binfield Beacon



The deadline for Beacon contributions for the April 2022 issue

is Monday 14th March 2022

Please email: Beacon@binfieldcofechurches.org.uk
Claire Thomas (Binfield Beacon Editor)

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Thank you.

COMMUNITY NEWS



What's been happening at Binfield CE Primary School (V.A.)?

Sports news

Indoor Athletics

On Friday 14th January we attended the Bracknell Forest schools Indoor Athletics competition at Bracknell Leisure Centre. The children competed in a variety of events that included at least 1 run, 1 jump and 1 throwing event. The children performed extremely well and gained a lot from the experience. Well done all!



New Age Curling

On Tuesday 18th January 4 children from Years 2 - 4 were invited to take part in a New Age Curling event at Kings Academy. The children played multiple games against 11 other schools. As the games progressed their accuracy improved and they started to build a strategy to help them become successful. As a result the children finished 2nd and came home with silver medals. Well done to all involved!



The learning fun continues!

Year 4 very much enjoyed their 'eggcciting' experiment, they looked at what damage certain drinks do to our teeth. They used boiled eggs and drinks such as: coke, coffee, orange juice and orange squash.



In the BOLE, our Year 5 pupils learnt how to use a playscript to act out a scene from Henry Danger. They also learnt how to use stage directions to express the characters' feelings or actions.



Our Year 3 children continued their Egyptian topic and painted Cartouches during their art lesson.



Year 1 enjoyed an afternoon of dance, where they learnt the Cha Cha Slide and then had a go at creating their own repeated dance.



To see more of what happens in our school, please follow us on Twitter [@Binfieldschool](https://twitter.com/Binfieldschool)

Can you help us?

Do you have any old pots, pans or watering cans you could donate to Binfield School? During our outdoor learning in the BOLE (our outdoor learning area), the children often use these in the mud kitchen and for other outdoor learning.

If you have any to spare please donate at our office. Thanks!



COMMUNITY NEWS



Hedgerows are amazing things. They are havens for wildlife. They are dividing lines in our landscape. They are historical artefacts. And, they are carbon stores. However, hedgerows are under constant threats from natural factors, neglect, or destruction in the name of progress.

The older a hedge, the greater the diversity of species that can be found in the hedge and nearby. However, a younger healthier hedge may be more biodiverse than an older neglected hedge. A healthy hedge also has a positive effect on nearby crops, as it acts as a home of pollinating insects and predators of insects that are harmful to the crops. This results in some crops doing better within a certain distance of hedges.

Some of Binfield's most remarkable nature relies on hedgerows from the threatened hedgehog to the increasingly rare yellowhammer. Even the house sparrow, whose numbers have declined dramatically since the 1960s, depend on hedges. These sociable birds like to rest in impenetrable shrubs creating what my brother calls "shouty bushes". Our hedgerows also provide routes through the landscape for birds, animals and insects. A gap in a hedge can cause these natural travellers significant problems.

We use hedges to divide up our world, separating our gardens and our fields. Many of the older hedgerows in our parish are reminders of the history of how we have divided the countryside up into parishes, boroughs etc.

Two years ago I had my first go at hedge-laying. It was incredible to find out how resilient hedgerow plants are and how an apparently drastic haircut can result in a burst of growth which makes the hedge better for wildlife and better as a barrier between fields.

Bracknell Forest Council has nominated 2022 as the Year of the Green Corridor. This gives us a chance to celebrate our hedgerows. At the time of writing, Binfield Environment Group has planted more than 40 trees and shrubs to fill gaps in the hedges around Wicks Green. We have also started mapping the hedges across the parish with the aim of surveying them. If you want to find out more, or get involved, then please contact us.

There is very little legislation protecting them but there is an obligation on developers to preserve notable hedges. One of the things that we can do as a local community is to keep an eye on local developments, and if there is likely to be a hedgerow impacted, to make sure that an appropriate comment or objection is made to Bracknell Forest Council to ensure the necessary protections are in place.

Binfield Environment Group can be contacted by email at binfielddeg@gmail.com, via our Facebook group, or via our website <https://binfielddeg.wixsite.com/binfielddeg>

Mike Coker



MARCH BEACON WORDSEARCH

(Locate the following words all from within this month's Beacon)

ALZHEIMERS	HONEY
ASH WEDNESDAY	LIGHTHOUSE
ATHLETICS	LILIES
BARN DANCE	OASIS
BEE	PARISH
BINFIELD	PARTY BYE THE PITCH
BOLE	PLATINUM ANNIVERSARY
CELEBRATION	PRAYER
CEMETERY	RUN
COMMUNITY MATTERS	TIME TO TALK
EASTER	TSHIRT
EGGSTRAVAGANA	WALK
HEDGEROW	WHIZZ KIDS

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D R N I S G N I R H T R O R S C T S N
E Y A D S E N D E W H S A N E E A E N
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Y C H K V Y T A E P O I R A E R E A Y

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COMMUNITY NEWS

BINFIELD PATIENT GROUP

WORRIED ABOUT YOUR MEMORY?

HOW CAN YOU TELL IF MEMORY PROBLEMS ARE A SIGN OF SOMETHING SERIOUS?

Forgetting why you went upstairs or feeling that a word is 'on the tip of your tongue'. We've all done it – and most of the time, small memory slips aren't serious. Many people find that their memory becomes less reliable as they get older.

However, memory loss can also be an early sign of dementia. This is especially true if you:

Struggle to remember recent events, although you can easily recall things from longer ago.

Find it hard to follow conversations or programmes on TV.

Forget the names of close friends or everyday objects.

Struggle to recall things you have heard, seen or read recently.

Regularly lose the thread of what you are saying.

Find yourself putting objects in unusual places – such as your keys in the fridge.

Feel confused, even in a familiar place, or get lost on familiar journeys.

Find that people start to notice or comment on your memory loss.

What should I do next?

If you're worried about your memory, talk to your GP or to ALZHEIMERS. It is important to find out the reason for the problems as there may be treatment or support available that can help.

ALZHEIMERS CONTACT DETAILS:

Tel: 0333 150 3456.

Internet: alzheimers.org.uk/support

E-mail: dementia.connect@alzheimers.org.uk

HERE ARE A FEW GUIDELINES TO HELP YOU JUDGE HOW LONG SOME COMMON ILLNESSES AND SYMPTOMS SHOULD LAST

Common Illnesses : Last no longer than:

Earache (middle ear infection)	8 days
Sore throat	7 – 8 days
Cold	14 days
Cough or bronchitis	21 days

It is recommended that you check with your local pharmacy in the early days of ANY minor illness for help and advice.

If you're not starting to improve by the above guide times, contact your GP or call NHS 111.

EMIS PATIENT ACCESS:

This internet service is available to Binfield surgery patients. Many items are available on this service including ordering repeat prescriptions. If you do not already use this service, please contact the surgery on 01344 286264 for further details.

Duncan Johnston - Binfield Patient Group



Royal Naval Association Bracknell Branch Update

Once again, the band of intrepid Shipmates joined together in the Binfield Club to share stories and Dits and revel in like-minded people's company for a few hours.

As always, the Branch meeting took place first, with Chairman Nigel Carpenter directing proceedings. Committee members updated all the members on all the Branch activities from the previous month. This was followed by the meeting being opened to the floor, which always springs forth a variety of short stories, recollections, poems and jokes - all in good taste of course.

With plans being made for Branch trips to Greenwich Maritime Museum and then later in the year Chatham Historic Dockyard and Portsmouth Naval Dockyards, the buzz of 2022 is really taking shape with how we can make more memories for the Branch members.

The second half of this month's session was spent on reflection, with a talk led by S/M Nigel Carpenter entitled **"Where were you when?"**

How many times have you heard a piece of music and memories of a place or moment in time flood back? How often do you see a news review of bygone years and think back to what you were doing back then?

The first example was the assassination of President Kennedy. Thirty Shipmates were present, and we had some who were teenagers when it happened, some who were working and even some who were not even born! All had very different recollections of that day, including S/M Nigel's recollection of ringing a muffled peel of bells at the local church that very evening and being the first bell tower to do so in the UK. This sparked many other conversations about different events, all revealing memories and experiences of those present. So, I ask you, where were you when The Queen was crowned? And what's the first Record or CD you bought, and do you still listen to it and what memories does that conjure?

Building and sharing new memories with liked-minded people, whilst having fun, is what the Bracknell RNA is all about.

For further information, please contact our Branch Secretary, S/M June Boddrell at secretary.bracknellrna@gmail.com or by telephone on 01344 311869. We look forward to meeting you soon.

Yours aye S/M Marcus Carpenter

ONCE NAVY, ALWAYS NAVY



Fundraising for the Binfield Cemetery

The Cemetery at Stubbs Hill belongs to all of our community. Help us to repair and improve this special space in Binfield...

To find out more and to donate, please go to:
gofundme.com/f/binfield-cemetery-fundraising



SCAN ME

gofundme



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If interested please...

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office@binfieldcofechurches.org.uk

**unless strict Covid restrictions are in place when it is then online only*



**GEEVES
MASTERMIND
CLUB**

2022

There's strength in numbers to grow your business

How do we market our brand?

I need investment for my business idea

We want a balanced life & income

NEED HELP

WITH YOUR BUSINESS IDEA?

WHICH BUSINESS HAT HAVE

YOU BEEN WEARING?



Join us at our FREE EVENT

Thursday 17th March

Cantley House Hotel, Wokingham RG40 1JY

Find out how we can help your business grow & thrive.

Come along to the event
Get FREE ENTRY to
Our March GIVEAWAY
For a 1:1 Business Model Canvas worth £1500!

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